



# Advent/Winter Calendar 2016/2017



Saint John Orthodox Cathedral

## November

□ =Fast Day

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<i>Give Thanks always with a Grateful Heart</i>		6th Hour Prayers 12:30p <b>1</b>  <b>Family Night 6pm</b> Vespers 8:15pm	Divine Liturgy 8:15am <b>2</b>	6th Hour Prayers 12:30p <b>3</b>	Daylight Savings Time Ends (move clocks back)  Great Vespers 7:15pm <b>4</b>
Matins 9am Liturgy 10am <b>5</b>	<b>6</b>	<b>7</b>	6th Hour Prayers 12:30p <b>8</b> Synaxis of the Archangel Michael and the others <b>Family Night 6pm</b> Vespers 7:15pm	Divine Liturgy 8:15am <b>9</b>	6th Hour Prayers 12:30p <b>10</b>	Great Vespers 7:15pm <b>11</b>
Matins 9am Liturgy 10am <b>12</b>	 St. John Chrysostom <b>13</b>	St. Philip, the Apostle <b>14</b>	6th Hour Prayers 12:30p <b>15</b> <b>Family Night 6pm</b> Vespers 8:15pm	Divine Liturgy 8:15am <b>16</b> St. Matthew, the Apostle	6th Hour Prayers 12:30p <b>17</b>	Great Vespers 7:15pm <b>18</b>
Matins 9am Liturgy 10am <b>19</b>	Vesperal Divine Liturgy for the Feast 6:15pm <b>20</b>	 Entrance of the Mother of God into the Temple <b>21</b>	6th Hour Prayers 12:30p <b>22</b> No Family Night Akathist of Thanksgiving 7:15pm	 Chapel Te Deum Service 9:15am <b>Thanksgiving Day</b> <b>23</b>	<b>24</b>	Great Vespers 7:15pm <b>25</b>
Matins 9am Liturgy 10am <b>26</b>	<b>27</b>	<b>28</b>	6th Hour Prayers 12:30p <b>29</b> <b>Family Night 6pm</b> Vespers 8:15pm	Divine Liturgy 8:15am <b>30</b> St. Andrew, the Apostle		

## December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					6th Hour Prayers 12:30p <b>1</b>	<b>2</b>  Great Vespers 7:15pm
Matins 9am Liturgy 10am <b>3</b>	St. Barbara St. John of Damacus <b>4</b>	Great Vespers for St. Nicholas 7:15pm <b>5</b> 	6th Hour Prayers 12:45p <b>6</b> St. Nicholas <b>Family Night 6pm</b> Vespers 8:15pm	Divine Liturgy 8:15am <b>7</b>	6th Hour Prayers 12:30p <b>8</b>	Great Vespers 7:15pm <b>9</b>
Matins 9am Liturgy 10am <b>10</b>	<b>11</b>	Akathist to St. Herman 7:15pm and Bon-Fire <b>12</b> 	6th Hour Prayers 12:45p <b>13</b> St. Herman <b>Family Night 6pm</b> Vespers 8:15pm	Divine Liturgy 8:15am <b>14</b>	6th Hour Prayers 12:30p <b>15</b>	Great Vespers 7:15pm <b>16</b>
Matins 9am Liturgy 10am <b>17</b> Sunday of the Holy Forefathers	 <b>18</b>	Great Vespers for St. Ignatius 7:15pm <b>19</b> 	6th Hour Prayers 12:45p <b>20</b> St. Ignatius St. John's School Christmas Program 7:00pm	Divine Liturgy 8:15am <b>21</b>	Royal Hours 1st Hour-8:15am 3rd Hour-9:15am 6th Hour-12:15pm 9th Hour-3:15pm <b>22</b> School Break Dec. 22-Jan. 5	Great Vespers 7:15pm <b>23</b>
Matins 9am Liturgy 10am <b>24</b> Sunday before the Nativity Great Vespers of Christmas Eve 6:15pm	<b>Christmas</b> Nativity of Our Lord Jesus Christ <b>25</b> Matins 9am Divine Liturgy of St. Basil 10am	Synaxis of the Mother of God <b>26</b>	St. Stephen the First-Martyr <b>27</b>  Vespers 7:15pm	<b>28</b>	<b>29</b>	Great Vespers 7:15pm <b>30</b>  The Holy Innocents
Matins 9am Liturgy 10am <b>31</b> Leavetaking of Christmas Sunday before the Epiphany	<b>Jan. 1 2018</b> <b>New Year's Day</b> St. Basil the Great and the Circumcision of our Lord	<b>2</b> St. Seraphim of Sarov	<b>3</b> Prefeast of Epiphany Jan. 2-5 Vespers 7:15pm	<b>4</b>	Eve of Epiphany Strict Fast Day Royal Hours 1st Hour-6:15am 3rd Hour-9:15am 6th Hour-12:15pm 9th Hour-3:15pm Great Vespers for the Feast 7:15pm <b>5</b>	<b>Epiphany</b> Great Blessing of Water & Divine Liturgy 9:15am Great Vespers 7:15pm

## ***The Advent Fast***

The Advent Fast begins 40 days before Christmas on November 15. (Due to the American holiday of Thanksgiving, some begin this fast in earnest on December 1 or else they take a four-day break from the fast from Thanksgiving through the following Sunday.)

It is usual to limit both the number of meals and the amount of food eaten. The church's complete Rule call for abstinence from all meat and animal products. However, fish, wine and oil may be eaten on all days except Wednesdays and Fridays, up to December 20, which is the beginning of the Prefeast, the "Holy Week" before Christmas. After December 20 the fast should become more rigorous. The strict fast of Christmas Eve is broken by a fasting meal after the evening Liturgy. (Note: When Christmas Eve falls on a Saturday or Sunday it is not a strict fast day but is kept as any regular fasting day in Advent).

There is no fasting on Christmas Day up to the Eve of Epiphany.

## ***Some Suggested Readings for the Home during Advent \****

These readings outline the ancestral lineage leading up to the birth of Jesus, the Messiah.

<b>Nov. 30</b>	Luke 1:26-35	<b>10</b>	1 Samuel 16:1-13; 2 Samuel 2:1-4; 5:1-5	<b>15</b>	Isaiah 7:3, 10-15
<b>1</b>	Matthew 1:18-24	<b>11</b>	1 Chronicles 13:1-4, 16:7-36	<b>16</b>	Isaiah 9:2-3, 6-7
<b>2</b>	Genesis 11:31-12:9	<b>12</b>	1 Kings 2:1-5; 1 Chronicles 22:1, 6-11	<b>17</b>	Isaiah 11:1-5, 10
<b>3</b>	Genesis 17:5-6, 15-16; 21:1-3	<b>13</b>	1 Chronicles 29:23-30 Psalm 132:11-18	<b>18</b>	Isaiah 49:5-7
<b>4</b>	Genesis 26:1-5	<b>14</b>	Isaiah 2:1-5	<b>19</b>	Isaiah 56:1-2, 7
<b>5</b>	Genesis 28:1-4, 10-17			<b>20</b>	Isaiah 60:1-6, 19-22
<b>6</b>	Genesis 35:9-12; 46:2-4			<b>21</b>	Micah 5:2-4
<b>7</b>	Genesis 48:1-16			<b>22</b>	Zephaniah 3:14-20
<b>8</b>	Genesis 49:1-2, 8-11, 28-33			<b>23</b>	Luke 1:39-56
<b>9</b>	Genesis 50:22-26			<b>24</b>	Matthew 1:1-17; 2:1-12

*\* An alternative set of reading is available on a separate sheet of paper.*

A detailed description of the Advent Fast may be found on the archdiocese website at [www.antiochian.org/node/18518](http://www.antiochian.org/node/18518)

Additional Information can be found on our archdiocese website at [www.antiochian.org/nativity](http://www.antiochian.org/nativity)