

Mary of Egypt
5th Sunday of Lent

Tone 4

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Hebrews 9:11-14  
Mark 10:32-45

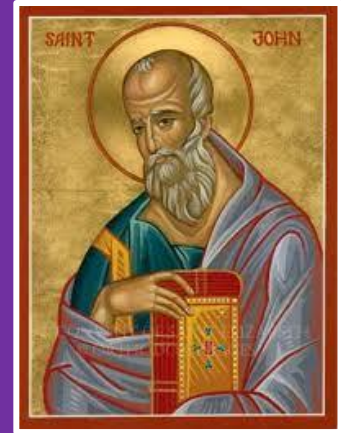
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Homily by
Dn. Joseph Ray
Epistle Reader:
Tim Terrell

St. John Orthodox Cathedral

Weekly Bulletin

Sunday, April 18, 2021
And the Days Following



O Apostle John, speaker of Deity, the beloved of Christ our God, hasten to deliver your people powerless in speech, for He on Whose bosom you lean accepts you as an intercessor. Beseech Him, therefore, to disperse the darkness of ignorance and pray for peace and great mercies to be shown upon us.

Divine Liturgy Group Schedule and Group Assignments

This Week

- ❖ Saturday, April 17, Vespers at 7:15pm – **ALL**
- ❖ Sunday, April 18, St. Mary of Egypt, Matins/Liturgy of St. Basil at 9:25am – **SINAI**

Sixth Week of Lent

- ❖ Monday, April 19, Compline at 7:15pm – **ALL**
- ❖ Wednesday, April 21, Presanctified Liturgy at 6:15pm, (*Take Home Soup Supper*) – **TABOR**
- ❖ Friday, April 23, End of Lent, Compline for Lazarus at 7:15pm – **ALL**

Next Week

- ❖ Saturday, April 24, Divine Liturgy for Lazarus Saturday at 9:15am – **OLIVET /SINAI**
- ❖ Saturday, April 24, Vespers at 7:15pm – **ALL**
- ❖ Sunday, April 25, Palm Sunday. Matins/Liturgy at 9:00am - **TABOR/ZION**

- ❖ Sunday, April 25, Bridegroom Matins at 7:15pm - **ALL**

Holy Week

- ❖ Holy Monday, April 26, Bridegroom Matins at 7:15pm – **OLIVET /SINAI**
- ❖ Holy Tuesday, April 27 – Bridegroom Matins at 7:15pm - **TABOR/ZION**
- ❖ Holy Wednesday, April 28, Holy Unction Service – **ALL**
- ❖ Holy Thursday, April 29, Vespertal Liturgy of St. Basil 6:15pm, **ALL**
- ❖ Holy Friday, April 30, Matins with 12 Gospels 7:15am // Royal Hours 12:15pm, 3:15pm - **ALL**
- ❖ Holy Friday, April 30, Great Vespers at 6:15pm – **TABOR/ZION**

Here is a link to the Letter Fr. Marc sent out on Thursday.
It can also be found under “resources” on our Website.

[Letter from Fr. Marc – Holy Week and Pascha](#)

Parish Events and News

His Eminence
The Most Reverend
Metropolitan JOSEPH



Archbishop of New York and
Metropolitan of
All North America

ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE OF NORTH AMERICA

April 6, 2021

Beloved Hierarchs and Reverend Clergy,

Greetings and blessings to you all during this holy season of Lent!

As we approach the days of Holy Week and Pascha, we understand the desire for our people to experience the fullness of the divine services after having been deprived of them last year. As the country continues to open up in the coming weeks, we would like to give the following update as promised in our last directives before Lent.

Given the greatly varying local conditions, we advise the pastors, in consultation with their parish councils, to use their best pastoral judgment allowing as many people as possible to attend the services of Holy Week and Pascha in a safe manner. In order to safely include as many of the faithful as possible, we must continue with appropriate cleaning and use of face coverings. Again, using your pastoral discretion, you may plan for processions as normal during Palm Sunday, Good Friday, and Pascha. Likewise, if safe conditions allow, you may also plan for gatherings with food after services, following guidelines from our last directive and local health departments.

With prayerful best wishes a glorious celebration of Holy Pascha, I remain,

Yours in the service of Christ,

+JOSEPH
Archbishop of New York and Metropolitan of all North America

"The disciples were first called Christians in Antioch" (Acts 11: 26)

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Remember Cleaning Day Saturday, April 17 – 9-Noon

Cleaning Jobs That Didn't Get Done on Cleaning Day...

The Jobs List and cleaning supplies will be out in the Narthex throughout the week for any jobs that did not get done. Prizes will be given out on Saturday, Cleaning Day.

Feeding the Hungry in our Community Chugiak/Eagle River Food Pantry Most Needed Items

Good Works
Basket



Canned Foods, Tuna, Cereal, Ramen, Juice (46 oz REAL Juice pouches),
Saltine Crackers, Stewed Tomatoes, Mustard (small/medium size), Ketchup (small/medium size),
Relish (small/medium size), Pickles (small/medium size), Jams & Jelly, Tooth Paste/ Brushes,
Laundry soap, Dish Soap, Bath soap, Hand Soap, Toilet Tissue, Kleenex

Last of the Atrium Series this Monday 10am to 12pm Sessions Level 1 and Level 2 in the Nave

Course content for Level 1 (3-5) will be the usual Lenten Atrium presentations of the Good Shepherd, the Mystical Supper, Parables of the Kingdom of God, and Baptism.

Course content for Level 2 (6-9) will focus on the Lenten themes of the Parables of Connection to Christ, repentance parables, and studying the Rite of Confession.



Reminder: Antiochian Women's Virtual Lenten Retreat - Saturday, April 17

Mark your calendar & plan to join us for our Virtual LENTEN RETREAT on Saturday, April 17.

Saint John's Cookbook!

It has been almost 20 years since our last cookbook publication, please help the Sisters of Mary and Martha by submitting your favorite recipes!

Ideas for Submission:

- Favorite Feast Day dishes
- Lenten recipes
- Alaskan recipes (Game meat, salmon, jam, or recipes from your Alaskan garden 😊)
- Favorite pastry or bread
- Any recipe that is a “go-to” for your family

Submit your recipes by May 7 to:

sjocookbook@protonmail.com





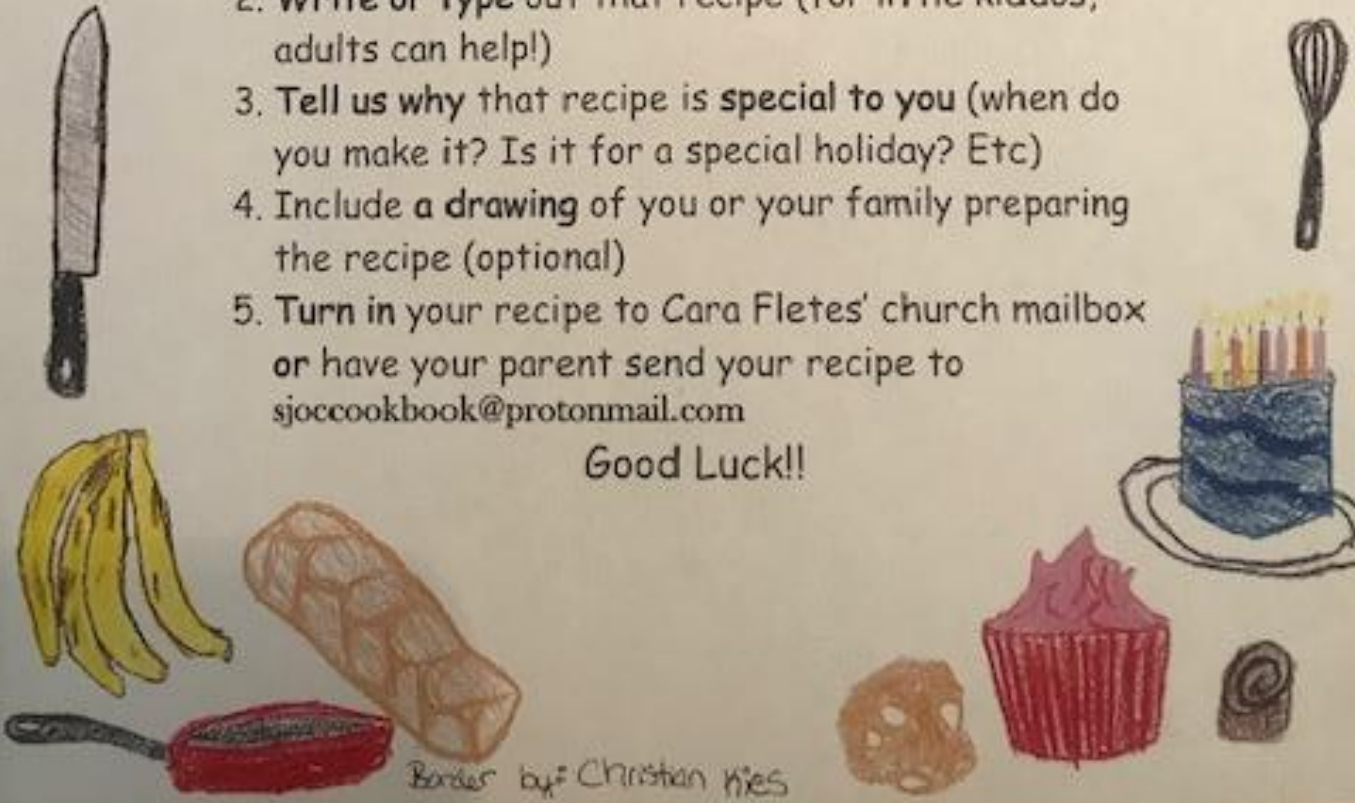
Calling All Kids Who LOVE to COOK!!!



Please submit a recipe to our Church Cookbook!

1. Choose a recipe you've made up or that you love to make
2. Write or type out that recipe (for little kiddos, adults can help!)
3. Tell us why that recipe is special to you (when do you make it? Is it for a special holiday? Etc)
4. Include a drawing of you or your family preparing the recipe (optional)
5. Turn in your recipe to Cara Fletes' church mailbox or have your parent send your recipe to sjocookbook@protonmail.com

Good Luck!!



Border by: Christian Nies

Local Community News



House for Sale on Caspian Court

Bob and Phebe Dyal will be selling their house on Caspian Court this spring. It has 4 bedrooms, 3 ½ baths and a finished walk-out lower level. It sits on 2.13 acres that could be subdivided, has plentiful water and a paved driveway. For more information or questions, please call Bob Dyal at 907-830-1843 or 907-694-3925.

Apartment for Rent on Monastery Drive

Jennifer Alvarez has an apartment for rent on Monastery Drive (the apartment attached to the house where the Truelsons used to live). It is a 2 bedroom, 1 bath apartment. If interested please reach out to her at 907-223-1367.



Notes and Pictures from Parishioners

“Checking In” with Each Other

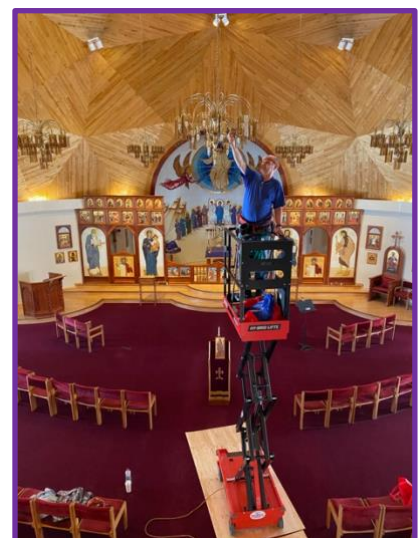
Since we are unable to see much of each other – Is there something you’d like to share about what your family is up to this summer? Please email stjohnalaska@aol.com Hope to hear a little something from you – it might help us feel a little more connected.



Lenten Almsgiving Project

Michael and Meghan Jones are getting ready to send off the Lenten Almsgiving Project to our Orthodox brothers and sisters in Fiji! We have collected 13lbs of beeswax candles, charcoal, 7 boxes of incense, 12 handmade crosses, and one lampada. Thank you to all those who contributed your talents, prayers, and time to this project. We are hoping it will arrive in time for Pascha!

Cleaning the Chandeliers Kerry Jones and Brother Lazarus



Dates to Remember



Wednesday Reading Group

The Wednesday readers will meet at JoAnn Webster's home at 10am. Everyone's welcome, bring a snack! JoAnn

Birthdays This Week

April 20, Anastasia Jones
April 21 - Jerry Finkler
April 21 - Kristine Lindblom

April 23 - Kathleen Sorensen
April 25 - Jessica Kies



M A N Y Y E A R S !



Anniversaries This Week

Robert & Ellen Dyal - April 18, 1984
Jeff & Darlene Hunter - April 22, 2972
John & Anjali Haley - April 22, 2018
M A N Y Y E A R S !

Remembering in Prayer...



*Elisa Betson
Preston Collier
Helen Gillquist
Jan Northey
Lina Curry
Tom Johnson*

*Catherine Cowan
Mother Galina*

*Fr. John Downing
Tisha Dunham
Gwyn Jones
MaryAnn Northey
Phebe Dyal
Safwat Attia
(Sara Truelson's Dad)
Robin Armstrong
Katie Jones*

Remembering Those Who Have Fallen Asleep This Month

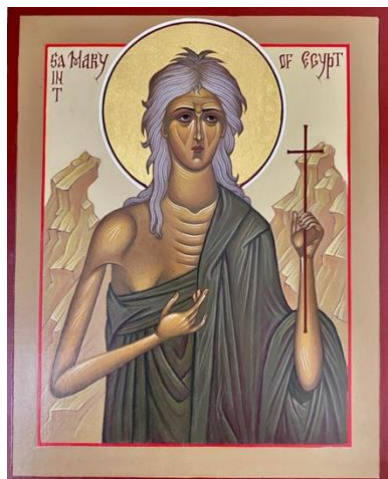


* Kent Allen Ihde - April 13, 2000
* Herb Enns - April 21, 2003

M E M O R Y E T E R N A L !

Clare House Meal - 4th Saturday of Each Month

For the Month of **APRIL** – our scheduled meal that we provide Clare House is:



THE SYNAXARION

Mary of Egypt – 5th Lent

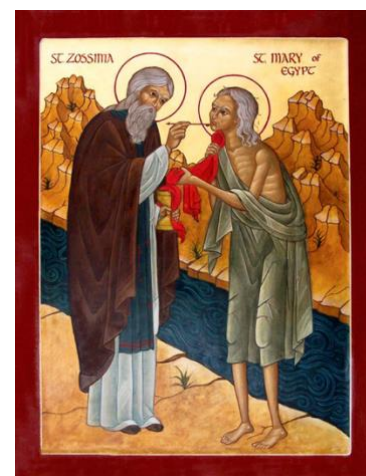
On April 18 in the Holy Orthodox Church, we commemorate the Venerable John, disciple of Gregory of Decapolis; Venerable Euthymios and Athanasios of Aegina; Cosmas the Confessor, bishop of Chalcedon; New-martyr John of Epiros; and Venerable Euthymios, enlightener of Karelia.

On this day, the Fifth Sunday of Great Lent, we make remembrance of our Godly Mother Mary of Egypt.

Verses

*The spirit rose up and the flesh melted away
Hide, O earth, the worn relics of Mary's body.*

Once, during the fast of Great Lent, the priest-monk Zosimus withdrew into the wilderness beyond the Jordan. Suddenly, he caught sight of a human being with a withered and naked body whose hair was as white as snow. Zosimus tossed his outer garment to her which she wrapped around herself and then showed herself to him. Mary then told Zosimus that she was born in Egypt and at the age of 12 began to live a life of debauchery in Alexandria for 17 years. One day, she went to Jerusalem to enter the church to venerate the Honorable Cross. However, some invisible force restrained her and prevented her from entering. In great fear, she gazed upon the icon of the Theotokos in the vestibule and prayed that she be allowed to enter the church, all the while confessing her sinfulness and uncleanness. She was then permitted to enter the church. Having venerated the Cross she again entered the vestibule and, before the icon, gave thanks to the Mother of God. At that very moment she heard a voice saying: "If you cross the Jordan, you will find glorious rest!" Mary left for the wilderness and remained there for 47 years in repentance. When she encountered Zosimus, Mary told him of her life story. She asked him to come back in one year with Holy Communion, which he did. The following year, on Holy Thursday, April 1, 522, Zosimus discovered Mary's lifeless body, and buried her. Thus, the Lord glorifies penitent sinners. The Church exalts and exemplifies Mary to the faithful in Great Lent as an incentive for repentance which brings entry into the Heavenly Kingdom.



Through her intercessions, O God, have mercy upon us and save us. Amen.