

All Saints Sunday
1st Sunday after
Pentecost
Tone 8

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*Hebrews 11:33-12:2*  
*Matthew 10:32-33,*  
*37-38; 19:27-30*

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Homily by
Fr. Marc Dunaway
Epistle Reader:
Jennifer Medders

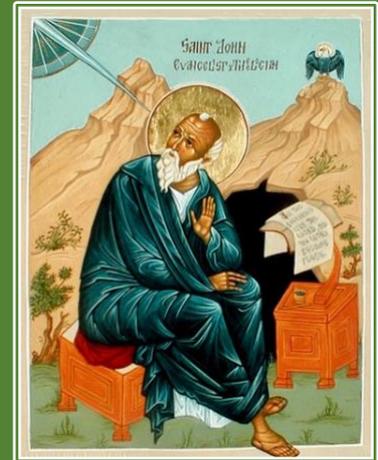
St. John Orthodox Cathedral

Weekly Bulletin

Sunday, June 19, 2022

And the Days Following

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*O Apostle John, speaker of Deity, the beloved of Christ our God, hasten to deliver your people powerless in speech, for He on Whose bosom you lean accepts you as an intercessor. Beseech Him, therefore, to disperse the darkness of ignorance and pray for peace and great mercies to be shown upon us.*



## **Celebration of Marriage for Lance & Catherine Cowan** **Sunday, June 19 at 4:00pm**

We look forward to celebrating the marriage of Lance and Catherine Cowan on Sunday. There will be short service followed by a reception immediately afterwards. It is the couple's desire that no cell phone pictures, or videos be taken during the short ceremony. We ask that you do take as many pictures as you want during the reception. There will be a photo booth set up for fun pictures. (*Please post your pictures on your favorite social media with the hashtag #cheerstotheCowans.*)

If you are interested in contribution to a group gift, I can collect that for you. Any amount is appreciated. -Jennifer Gillquist.

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## *Feast Days and Services*

### **Apostles Fast and the Feast of Saints Peter and Paul**

All Orthodox Christians are familiar with the fasting season of Great Lent and the season of Advent leading up to Christmas. Most are also familiar with and observe the fast encompassing the Feast of Transfiguration and the Feast of Dormition, which is a summer fast from August 1-14. The other and less known fasting season of summer, and honestly less observed, is the Apostles Fast. This fasting season begins on the Monday after All Saints Day (which is the Sunday following Pentecost) and continues up to the celebration of the Feast of Saints Peter and Paul on June 29. It varies in length as the date of Pentecost is moveable. This summer the Apostles Fast begins on June 20 and continues for nine days through June 28. It is kept much the same as Great Lent except that fish is allowed on days other than Wednesday and Friday. After the long season of Pascha to Pentecost, this season helps us return to the Orthodox Christian practice of regular fasting. Granted, it is difficult to observe this fast amidst the American traditions of summer cookouts and vacations. Still, perhaps each family will find some way to incorporate some aspect of this brief fast into their life to gain the benefits that fasting is meant to bring. - Fr. Marc

## Feast of Saints Peter and Paul - June 29

We will celebrate the Feast of Saints Peter and Paul on the anniversary of their martyrdom with a Vesperal Divine Liturgy on Tuesday evening, June 28, at 6:15pm.

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### *Parish Events and News*

## West Coast Parish Life Conference of Antiochian Archdiocese June 29 – July 3

Fr. Marc and Kh. Betsy will attend this year's Parish Life Conference in Santa Clara, California (see website [here](#)). This conference is open to all members of the Diocese of Los Angeles and the West.

### Bear Alert

This small black bear has been hanging around the church property and various homes around the neighborhood. He has been in the trash dumpsters on the church property. (Make sure you close the lids each time you use them). Time to secure your trash and any other enticing items in your yards if you haven't already.



### GOOD WORKS BASKET

#### Alaska Adoption Services / Office of Children Services

**How We Can Help:** For the next several weeks St. Johns can fill our GOOD WORKS BASKETS with diapers and wipes! Their highest needs, in order, are for diaper wipes, pull-ups, and diapers, sizes 5, 6, and 4. For more information about Alaska Adoption Services please check out their website. Questions about this drive? Contact Sydney Ihde at 907 854-5517

### SISTERS OF MARY AND MARTHA

Hello ladies! The new leadership committee for SMMS has been established (members listed below). If you have missed announcements and are interested in being on the committee, contact **Katy Arvidson** (SMMS President, [katearv@hotmail.com](mailto:katearv@hotmail.com), 907-242-4869). It's a busy summer at the Cathedral! A couple more wedding celebrations are coming up...what a blessing. SMMS will get together towards the end of the summer or September. If you have any ideas, questions or concerns don't hesitate to let Katy know. Thank you. We love you all!

—Jennifer Medders (Former SMMS President, now SMMS Secretary ☺)

President-Katy Arvidson, Vice President-Elisa Betson, Treasurer-Natasha Haines, Secretary-Jennifer Medders, Members: Cara Fletes, Mary Greene, Kristine Lindblom, Mary Curry, Kh. Betsy Dunaway

### Reminder: Yo Kids! Please Don't Hang Out in the Cathedral Basement

Teens and kids cannot hang out in the Cathedral on summer days. No drinks from the kitchen, etc. You may come in to use the bathroom in the Narthex only and then go back outside. If your parents are with you, you may hang out with them, but not otherwise.



## Coffee Hour This Sunday - June 19 Group C - Third Sunday of the Month

**OUTDOORS this Sunday. The church will provide snacks. If anyone wishes to bring snacks it should be prepackaged snacks only**

Snacks: Ashcroft, Amundson, Clement, Curry, Dunham, Fisher, Greene, Hawi, Hunter, E & H Johnson, Kelly, Kendall Families, Labrecque, Medders Families, Okuley, Polson, Saur, Scherer, Sparks, Stiehr, Temple, Wasile

Please bring snacks to serve at least 4 families.

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Next Sunday - Group D - June 26, 2022 Hosts: Stogsdill / B & M Johnson

Snacks: Alexander, Clodfelter, Dougherty, Fr. M & Kh. B Dunaway, Dyal, Fletes, Haines, Hightower, Idhe, B & M Johnson, Jones, Kies, Lamb, Mee, Moses, Palmer, Potts, Dn. J & D Ray, Snider, Stogsdill, Terrell, Webster



Remember to Register for the Upcoming ERI 2022 by June 30

Brochures on Available in the Narthex and on the Website
Click [HERE](#) to Read all About it - and Click [HERE](#) to Register

A note about the Women's Reading Room in the Church basement.

There are two shelves recently sorted and arranged this week and I would love for anyone interested to take a look for input and suggestions. There is a sign-out list to borrow books on the table. Of interest for example are: *Metropolitan Phillip: His Life and His Dreams, Another Culture, Another World* by Fr. Michael Oleksa, *Bearing God - The Life and Work of St Ignatius, Death Comes to the Archbishop* by Willa Cather, *Cry the Beloved Country* by Alan Paton, *The Story of My Life*, by Helen Keller, *Orthodoxy and Heterodoxy*, by Andrew Stephen Damich;

I would like to have a complete copy of *The Narnia Chronicles* and *The Space Trilogy* by C. S. Lewis if you would like to donate, also Fr. Oleksa's book, *Orthodox Alaska*. You may want to look over some very old *Again* magazines if you like history. Please contact Phebe Dyal with comments or suggestions.

St. John's School News



Saint John's School Program is Up and Running

Children are learning and playing on the Church lawn as the Saint John's Summer Program began this week. This program began last year to help students make up for loss of learning due to Covid. It was such a success that we repeated this year and over 35 children are enrolled. It also

gives a summer job to many of our teachers. The Summer Program is held three days a week.

St. James House News

Saint James House Overseers

Eric and Hannah Johnson, with their children Lucia and Ian, are moving into the Saint James House this weekend to live for the next year. They will oversee the House as a center of hospitality for our parish. Rachel Arnold has also been living in the House since early June to help host and clean throughout the summer. She is doing a fantastic job spring cleaning the common areas. John Marc, Solomon Frizelle, Josh Boneta, and others have worked to paint and repair the upstairs apartment, so it is ready for the Johnsons. Annie Frost is also a resident at the Saint James House and working with the School's Summer Program. Thank God for all these willing to serve our Parish in this way. It is a blessing.



Notes and Pictures from Parishioners

Is there something you'd like to share? Please email stjohnalaska@aol.com

Thank you

We want to say thank you for helping us celebrate our wedding in whatever way you did! It was truly so beautiful and special. We are overwhelmed, so grateful, and so honored to be surrounded by such wonderful friends and family. —Marshall and Mary Ruth





B & D Dunaway Summer Fun



Dates to Remember

Birthdays This Week

June 19 - Rosely Baker
June 20 - Judi Hoyt

June 22 - Sydney Ihde
June 25 - Mattie Hattenburg

M A N Y Y E A R S !



Anniversaries This Week

Allison & Roy Justus - June 20, 2014

M A N Y Y E A R S !



Remembering Those Who Have Fallen Asleep This Month



- * Miranda Marie Kelly - June 8, 1984
- * Kh. Esther Lois Sparks - June 18, 2012
- * Rosalie Ann Zink - June 21, 2000
- * Ruth McLean French - June 24, 1984
- * Brenda Joy Davis - June 28, 1994

M E M O R Y E T E R N A L !

Clare House Meal - 4th Saturday of Each Month

For the Month of **June** – our scheduled meal that we provide Clare House is:
Saturday, June 25. Contact Cara Fletes to see how you can help.



Remembering in Prayer...



*Karina Lindblom
Eloise Lamb
Gwyn Jones*

*Nicholas Guio
Preston Collier
Jaye Keener*

THE SYNAXARION



On June 19 in the Holy Orthodox Church, we commemorate the Apostle Jude (Thaddeus), brother of the Lord; Venerable Zenon of Palestine; and Martyr Zosimas the Soldier at Antioch in Pisidia.

On this day, the Sunday after Pentecost, we celebrate the Feast of All Saints who shone forth throughout the whole world, North and South, East, and West.

Verses

All the friends and followers of the Lord do we praise.

Though we cannot mention them all, they will all be remembered.

David the Prophet and king, who revered the beloved of God, and respected them because of his great piety, said in the Psalms, “How precious are Thy beloved unto me, O God.” And the Apostle Paul, in his Epistle to the Hebrews, recounted the lives of the saints, when he wrote, “Therefore, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us.” Therefore, as Orthodox Christians, we honor the beloved saints of God, respecting them as keepers of God’s commandments, shining examples of virtue and benefactors of humanity. We commemorate all the holy ones every year on this day, as the list of saints ever increases, even though some of their names escape us. Nevertheless, we honor them for their piety and strive to imitate their good works.

By the intercessions of Your immaculate Mother, O Christ God, and of all Your Saints from all ages, have mercy and save us, since You alone are good and the Lover of mankind. Amen.

Saint John Orthodox Cathedral

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Antiochian Orthodox Christian Archdiocese • Pastor: Fr. Marc Dunaway

Assistant Priests: Fr. Robert Polson / Fr. Thomas Frizelle