

2nd Sunday after
Pentecost
Ss. of N. America
Kyriaki of Nicomedia

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Galatians 3:23-4:5  
Matthew 4:18-23

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Homily by
Fr. Marc Dunaway

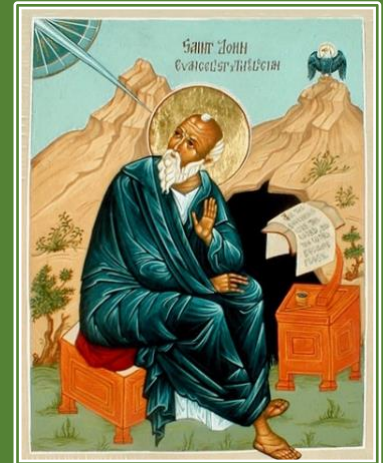
Epistle Reader:
Steve Templeton

Coffee Hour Hosts:
Stallman/Weaver/Patras

St. John Orthodox Cathedral

Weekly Bulletin

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Sunday, July 7, 2024  
And the Days Following



*O Apostle John, speaker of Deity, the beloved of Christ our God, hasten to deliver your people powerless in speech, for He on Whose bosom you lean accepts you as an intercessor. Beseech Him, therefore, to disperse the darkness of ignorance and pray for peace and great mercies to be shown upon us.*

### *Parish Events and News*

#### **New Parish Council Members, Parish Mission Statement, and Revised Parish Governance Structure**

**New Members:** As a result of our Parish Council training and workshops over the last three to four months, we will enroll two new Parish Council members: Martha Fisher and Marshall Alexander. They will join current members: Laurie Snider, Jennifer Gillquist, Ann Patras, Will Klatt, David Lindblom, Bruce Johnson, and Sydney Ihde. Fr. Marc Dunaway is an *ex officio* member of the Parish Council as pastor, as are Fr. Robert Polson as assistant priest, John Marc Dunaway as Facilities Manager, and Tim Mellor as Parish Administrator.

**Mission Statement:** Part of the work done in our workshop was to draft a Mission Statement for Saint John's and to identify our main Core Values. A Mission Statement declares the purpose of an organization, defining why an organization exists and why its members are motivated to do what they do. In our workshops we tried to define how the larger mission statement of the Church as found in Matthew 28:18-19 is especially accomplished or emphasized in our setting, with the talents and gifts God has given us. A mission statement should also be concise and even inspirational, something that can be memorized. Core Values are ideas that drive an organization's actions and decisions, and with which everything we do must align. Our Parish Council would appreciate your review and feedback on this expression of our [Mission Statement and Core Values](#).

**Revised Structure:** The final part of our work was to set forth a new structure of governance for our Cathedral. This is defined in the document we worked through: [Setting a Revised Structure of Governance for Saint John Cathedral](#). This document is also available online and would be good for every member of our Parish to read. In the revised structure of our Parish Council, Martha Fisher and Bruce Johnson will now serve as co-chairs, Sydney Medders as Secretary, and Marshall Alexander as Treasurer.

**Overall, our Parish Council is excited about the work we have done and looks forward to Parish-wide discussions in the year ahead as we grow and implement these changes.**



*Wedding of Harvest Bowman and Jacob Carroll  
Today, July 7, 2024 at 4 o'clock  
There will be a Small Reception afterward in the  
Church Basement.*

### **Children's School Supplies for Our St. John's 'Good Works Basket'.**



The local 'Love In the Name of Christ (INC) of Eagle River' is collecting **school supplies for low-income families**. [17 local churches collect together.]

**Supplies needed from St. John's are:** 10 Backpacks, 10 Tissue boxes, 10 Rulers, 10 Composition booklets, 25 Glue sticks, 75 color markers, 10 binders, 20 Notebook paper packs. 2 kid's coats. Call Dn Kevin for any questions. Thank you!

### **Sisters of Mary and Martha**

We're already thinking forward to our next retreat and would like your feedback! Your feedback will directly impact the planning of our next retreat, so please answer openly and add as many suggestions as you'd like.

Even if you were unable to attend this retreat, please consider answering the questions in Section 2. Section 2 covers what your thoughts and ideas are for future retreats.

This survey will be available to fill out until July 21, at which time we will close the collection of survey data.

To access the survey, click the link: <https://forms.gle/SdfPF1kjh7SZkyjQ9>

Looking forward to hearing your thoughts! —Katy Arvidson

### **Reminders for Coffee Hour**

All families in the parish are encouraged to not just attend coffee hour, but to act as the host on scheduled weekends. Hosting and attending coffee hour can be an act of Christian charity and an opportunity to talk with friends and greet guests following Divine Liturgy. Each Sunday, two or more families are assigned to host.

If you would like to be left off the schedule to host, please contact Jennifer Gillquist by text at 907-632-1064 or email: [jennifergillquist@gmail.com](mailto:jennifergillquist@gmail.com). Generally, families are left off the schedule if it would present a physical difficulty or scheduling conflict.

In addition to acting as host, families are encouraged to bring snacks to share on the scheduled weekend for their group. We use a system that divides the parish into four groups, so that each group will bring snacks at least once a month and help with cleanup. On the occasional "5<sup>th</sup> Sunday of the month", everyone is asked to bring a snack, with the hope that those who remember this will have brought enough for all. Families should feel free to bring snacks even if their group is not scheduled. If you are scheduled to host, but are unable to do so, please find a replacement.

It is the responsibility of the family to find a replacement host family and to notify Jennifer of who will be covering. This will help to ensure the proper scheduling of host families.

Additional information on how to host coffee hour, schedules, and using the coffee maker can be found on the parish website, [www.stjohنالaska.org](http://www.stjohنالaska.org), under resources.

*Coffee Hour This Sunday - July 7, 2024  
Group A - First Sunday of the Month*



**Hosts Families: A. Stallman / Weaver / Patras**

Snacks: Abel, Bowman, Cook, Davis, Dozier, Gillquist Families, Haley, Jenkins, Justus, Lindblom, Macalino, Mellor, Northey O'Fallon, Patras, Sorensen, Stallman, Templeton, Tysver, VanDewater, Wells

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Next Sunday – Group B – July 14 Hosts: Klatt / Davison

Snacks: Agnew, Alvarez, Betson, Davison, Davison, Drennan, B & D Dunaway, J & B Dunaway, Finkler, Grasse, Hoyt, Ihde, Keener, Klatt, Komar, Lineer, Lowry, Moffatt, Peters, Ray, Schlicting, Stevens, Sturdevant, Villafana

News From Our Antiochian Archdiocese



Writings by Metropolitan Saba: [The Teacher Does Not Retire](#)

Monthly Newsletter: [Newsletter](#)

Local Community News

Family Needs Eagle River Housing

The Russian family staying at our Maranatha house needs help finding a rental apartment or house. Two parents, 6 children - willing to take small place— hoping for \$1500-\$2000 per month. Perhaps someone in our parish is aware of info on a place? Contact Vasili at 907-891-2989 or Dn. Kevin at 907-947-5345. Thank you.

Bear Paw Hospitality Tent

The Chugiak-Eagle River Ministry Network, Newborns in Need, and Heart to Heart are partnering to provide a Hospitality Tent at the Bear Paw Festival. Join us as a volunteer by signing up for available shifts below! Our booth is conveniently located in the Golden Wheel Rides Area near Regency Drive, right by the Ferris Wheel. Look for our large white booth—it's easy to find! Your role will be simple and enjoyable: greet visitors with a friendly smile, engage in fun conversations, and help keep the booth clean. No diaper changes required; we promise! Sign up now and be a part of the fun!

We would love your assistance as we seek to provide this service to our community. If you have time and availability to serve, please follow the link:

<https://www.signupgenius.com/go/8050C48AAAD2EAAF94-50111237-2024>

Notes and Pictures from Parishioners

“Checking In” with Each Other

Is there something you'd like to share? Please email stjohnalaska@aol.com

Anna Sluz Returns to St. John's



Dr. Anna Sluz has returned to Eagle River after a fruitful, nearly four-year novitiate at the St. Nilus Serbian Orthodox Monastery near Kodiak. She is happy and thankful to be back living in the St. John community and asks for your prayers especially over these next few months as she reestablishes her license to practice occupational therapy.

Looking for a Someone to Do Some Gardening

Dan Kendall is looking to hire someone to help with some gardening. If interested contact him at kendall@alaskan.com.



Dates to Remember



Save the Date: August 1-5, 2024



Divine Guidance in America

V. Rev. Dr. John Jillions



***Living in the Spirit:
Orthodox Spirituality for Modern Times***

Dr. Paul Ladouceur

The Eagle River Institute is hosted annually by the members of Saint John Cathedral to provide a forum for Orthodox scholars to address lay people on topics relevant to everyday, Christian life. The Institute also contributes to the greater, educational needs of the Church by publishing its lectures and other materials in its [Media Library](#). Visit eagleriverinstitute.org for more details, registration, and schedule.

Birthdays This Week

July 9 - Anna Drennan

July 13 - Olga Wasile

July 12 - Tanna Terrell

M A N Y Y E A R S !



Anniversaries This Week

Jennifer & Chuck VanDewater - July 10, 2022

Matthew & Hayley Komar - July 11, 2000

M A N Y Y E A R S !





Remembering in Prayer...

Sally Eckert

*We will continue to pray for all those suffering in Ukraine
and for all those suffering in Israel and Gaza, for a quick end to
war and for peace*

Remembering Those Who Have Fallen Asleep This Month



- * Presbyter Daniel Arthur Ryan - July 7, 1984
- * Theodore Max Wells - July 14, 2009
- * Marlene Faye Dyal - July 24, 2005

M E M O R Y E T E R N A L !

Clare House Meal - 4th Saturday of Each Month

For the Month of **JULY** – our scheduled meal that we provide Clare House is:
Saturday, July 27. Contact Cara Fletes to see how you can help.



Bulletin Announcement Guidelines

Send announcements to church email address: stjohnalaska@aol.com. Have announcements submitted by Thursday or at very latest Friday 9am. If you have any questions regarding announcements – contact Maris Kelly at the church office. 907-696-2002.

Saint John Orthodox Cathedral

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(907) 696-2002 • Fax: (907) 696-5555 • Website: stjohnalaska.org

• Diocesan Website: <http://www.antiochianladiocese.org>

Antiochian Orthodox Christian Archdiocese

Pastor: Fr. Marc Dunaway • Assistant Priest: Fr. Robert Polson

THE SYNAXARION

Saints of North America – 2nd Sunday after Pentecost

Kyriaki of Nicomedia – July 7



On this day, the Second Sunday after Pentecost, it is customary to remember the saints of one's own land. In our case, then, we commemorate all the Saints of North America, both known and unknown.

Saints of all times, and in every country are seen as the fulfillment of God's promise to redeem fallen humanity. Their example encourages us to "lay aside every care, and the sin which so easily besets us" and to "run with patience the race that is set before us." The local saints of our land can especially teach us how we should live and inspire us to grow as Christians. In addition to the well-known and familiar saints that we have come to recognize, we also honor those saints who are known only to God and have not been officially recognized by the Church.

As we contemplate the lives of these saints, let us remember that we are also called by God to a life of holiness.

On July 7, in the Holy Orthodox Church, we commemorate the holy and glorious Great-Martyr Kyriaki of Nicomedia.

Verses

*Though Kyriaki dies before beheading,
she is willingly perfected by the sword.*

On the seventh, Kyriaki ascended to her Betrothed.

Kyriaki means "the Lord's day" in Greek. Her devout Christian parents, Doretheus and Eusebia, gave their only child this name because she was born on a Sunday. From her childhood, Kyriaki consecrated herself to God, restraining from everything that unruly children do. When she matured, beautiful in body and soul, many suitors came to ask for her hand in marriage, but Kyriaki refused them all, saying that she betrothed herself to Christ the Lord and desired to die as a virgin. One of the rejected suitors denounced Kyriaki and her parents to the Emperor Diocletian as being Christians. The emperor ordered that her parents be tortured and banished to the town of Melitene where they died for Christ. Kyriaki endured trial and similar tortures. When Kyriaki lay in her prison cell, completely covered with wounds, Christ the Lord appeared to her, healed her and said: "Kyriaki, do not be afraid of torture. My grace is with you." When she was taken from there for beheading, Kyriaki - bearing in mind all of the glorious martyrs before her - offered one last prayer that God would have mercy and save all those who would celebrate her memory, and to give rest to her soul together with the souls of her parents. Kyriaki rendered her soul to God just before the sword was lowered on her head. Many pagans believed in Christ through her, and also received martyrdom. Kyriaki was received into eternal joy in the year 289 in Nicomedia.



On this day, we also commemorate Venerable Thomas of Mount Maleon; Hieromartyr Evangelos, bishop of Tomi (Constanta) in Romania; New-martyr Polycarp; and Eudokia, princess of Moscow.

By the intercessions of Your Saints, O Christ God, have mercy upon us. Amen.