

*Pentecost Sunday*

~~~~~

*Acts 2:1-11*

*John 7:37-52; 8:12*

~~~~~

*Homily by*

*Fr. Thomas Frizelle*

*Epistle Reader:*

*Russell Clodfelter*

*Coffee Hour Hosts:*

*Komar/Betson*

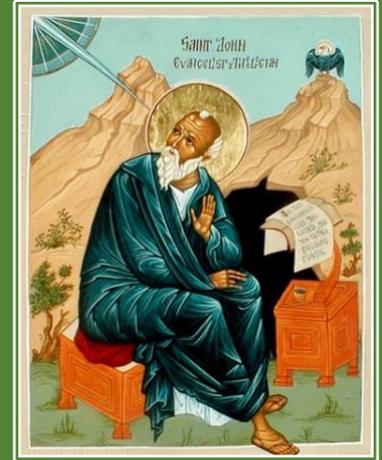
# *St. John Orthodox Cathedral*

## *Weekly Bulletin*

*Sunday, June 12*

*And the Days Following*

~~~~~



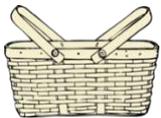
*O Apostle John, speaker of Deity, the beloved of Christ our God, hasten to deliver your people powerless in speech, for He on Whose bosom you lean accepts you as an intercessor. Beseech Him, therefore, to disperse the darkness of ignorance and pray for peace and great mercies to be shown upon us.*

## *Feast Days and Services*



**Pentecost – Descent of the Holy Spirit**  
**Kneeling Vespers – Sunday Night at 6:15pm**  
*June 13-18 – Pentecost Week – No Fasting*

## *Parish Events and News*



### **GOOD WORKS BASKET**

**Alaska Adoption Services / Office of Children Services**

**How We Can Help:** For the next several weeks St. Johns can fill our GOOD WORKS BASKETS with diapers and wipes! Their highest needs, in order, are for diaper wipes, pull-ups, and diapers, sizes 5, 6, and 4. For more information about Alaska Adoption Services please check out their website. Questions about this drive? Contact Sydney Ihde at 907 854-5517

### **Yo Kids! Play on the Church Lawn on Summer Days But Please Don't Hang Out in the Cathedral Basement**

Teens and kids cannot hang out in the Cathedral on summer days. No drinks from the kitchen, etc. You may come in to use the bathroom in the Narthex only and then go back outside. If your parents are with you, you may hang out with them, but not otherwise. This has been a multi-generational rule. You are not the first. If you have a question or concern about this, please feel free to come talk to me. - Fr. Marc

## Hello Saint John's Families,

The links below go to several documents that provide information about Coffee Hour. These are also posted on our Cathedral website in the "Resources" menu under "Services" - [click here](#). The "Introduction to Coffee Hour" is included below. Please read this and then look at the other documents to see what Sunday you are to bring a snack and also what Sunday you are to help host. The other documents give instructions for hosting and making coffee. Thank you!

### Introduction to Coffee Hour What You Need to Know

**“COFFEE HOUR” can be an act of Christian charity and an opportunity to talk with friends and greet guests following Divine Liturgy.** Families from the Church take turns bringing a simple snack from their home to share and setting out coffee and hot water for tea. This offering of food is to be freely given and simply enjoyed for what it is, a small snack. This is important since Orthodox Christians fast on Sunday mornings in order to receive Holy Communion, but it is not intended to be a “light lunch.” So Coffee Hour is an opportunity to practice hospitality and kindness toward one another. This is why children (or anyone for that matter) cannot run around in the basement during this time and why everyone should work to see that seniors and other special guests are respected and served first.

**WHEN AM I UP TO BRING SNACKS?** - We use a system that divides the parish into four groups so that each group will bring snacks once a month. (See “Coffee Hour Groups.”) All our parish families and members are included in one of these groups to bring snacks. If you are gone or do not attend Coffee Hour and do not bring a snack, since this is “potluck” style, there still should be enough for those who are there. If you are present, please try to bring something. On the occasional “5<sup>th</sup> Sunday of the Month” everyone is asked to bring a snack, with the hope that those who remember this will have brought enough for all. Currently Jennifer Gillquist has offered to oversee scheduling coffee hour groups. You may contact her by text: 907-632-1064, or email: [jennifergillquist@gmail.com](mailto:jennifergillquist@gmail.com)

**HOSTING COFFEE HOUR** - Each Sunday, two or more families will be assigned to host. (See “Coffee Host Schedule.”) Not every family in the Church is on the hosting list. It does not include families who very seldom attend Church or for whom hosting might present a physical difficulty or a scheduling conflict. If you feel you should be excluded from hosting, please let Jennifer know. As it is now, your family should have to host only a once every four months. Host families are responsible for set up and cleanup and for making coffee and hot water for tea. Instructions for how to host are provided on a separate sheet (See “HOW to Host Coffee Hour”), as are also instructions for how to use the new Bunn coffee pots (See “Coffee-Making Instructions.”). A 4-month schedule will be available on the website so you can see when you are assigned. You will get a reminder call on Thursday or Friday before you are to host. **IMPORTANT:** If you must be absent, please trade with some other family ahead of time if possible (last minute is okay too). Then let Jennifer Gillquist know that you have traded, so she will be able to alert the right family in the future, with whom you have traded. Also let the other host family know. **SUPER IMPORTANT:** Jennifer is not going to find someone for you to trade with. This is your responsibility.

Thank you to everyone who faithfully brings such good snacks to share. The following guidelines will continue to help make Coffee Hour an enjoyable time:

- Do participate by bringing snacks for about 4 families and please bring it ready to serve.
- Be sure to bring fasting snacks during the fasting seasons such as Great Lent, Advent, and the Dormition Fast. This will appear in the Coffee Hour reminder.
- Please avoid bringing very messy snacks that can get in the carpet.
- If it is your week to bring food, remember to help set up and clean up also.
- We will make 3 full pots of coffee from now on to be sure we have enough coffee.
- If you have special dietary needs, you may need to bring your own food.

1. Click [HERE](#) for Introduction to Coffee Hour // 2. Click [HERE](#) for Coffee Hour Groups // 3. Click [HERE](#) for Coffee Host Schedule Jun-Sep 2022 // 4. Click [HERE](#) for How to Host Coffee Hour // 5. Click [HERE](#) for Coffee-Making Instructions



## Coffee Hour This Sunday - June 12 Group B - Second Sunday of the Month

### Hosts Families: Komar / Betson

Snacks: Agnew, S. Alvarez, Betson, Coverdell, B & D Dunaway, J & B Dunaway, Finkler, Grasse, Hattenburg, Hoyt, Keener, Klatt, Komar, Lineer, Moffatt, Peters, Peyton, N & M Ray, Sturdevant, Villafana.

Please bring snacks to serve at least 4 families.

~~~~~

Next Sunday - Group C - June 19, 2022

Host: Hawi / Curry

**Coffee Hour Will be Outside**

Snacks: Ashcroft, Amundson, Clement, Curry, Dunham, Fisher, Greene, Hawi, Hunter, E & H Johnson, Kelly, Kendall Families, Labrecque, Medders Families, Okuley, Polson, Saur, Scherer, Sparks, Stiehr, Temple, Wasile

## Save the Date for the Eagle River Institute - Please Register by June 30

Announcing...

### Eagle River Institute, August 1-5, 2022

"Experiencing God in Orthodox Worship"

**Rev. Dr. Calinic Berger**

The Book of Psalms: Prayer Book of the Church and Window to Christ - 3 Lectures

**Dr. Teva Regule**

Liturgical Reform and Renewal in the Orthodox Church - 3 Lectures

**Dr. Bradley Nassif**

Nourishing the Gospel in Orthodox Churches Today - 1 Lecture

**Plus Special Presentation:**

What Can Orthodox and Protestant Evangelicals Learn from Each Other?



**Mission Statement:** The Eagle River Institute is hosted annually by the members of Saint John Cathedral to provide a forum for Orthodox scholars to address lay people on topics relevant to everyday, Christian life. The Institute also contributes to the greater, educational needs of the Church by publishing its lectures and other materials in its [Media Library](#).

Visit our website [eagleriverinstitute.org](http://eagleriverinstitute.org) for more details, registration, schedule, and pilgrimage information.

---

## Local Community News



### Heart to Heart – Dad's Day Dinner

Heart to Heart Pregnancy Resource Center invites you all to this fun family event Friday, June 17, to kick off Father's Day weekend. We'll be serving a roast pig dinner complete with Luci Mae's amazing pies for dessert. Everyone will enjoy the heartening story of guest speaker Evie West, a former gang member who faced two crisis pregnancies before turning around her life and starting her career in law enforcement. Reserve your seats now via the QR code on the picture!

*Dn Kevin is on the Board,  
and Fr. Marc was a founding Board Member.*

All proceeds benefit Heart to Heart and help provide essential resources for pregnant women and families with young children. Due to factors like the rising cost of living, infant formula shortage, and staffing challenges limiting the availability of other area pregnancy centers, Heart to Heart is serving an influx of new families. Come learn more about Heart to Heart's pro-life ministry and how we are working to meet the growing needs in our community. We hope to see you June 17!

---

## Notes and Pictures from Parishioners

### “Checking In” with Each Other

Is there something you'd like to share? Please email [stjohnalaska@aol.com](mailto:stjohnalaska@aol.com)



**Bridal Shower for Catherine Cowan, this Saturday, June 11 –  
11:30am to 2:00pm in the Church Basement**



**Open House for Dn. John and Becky Coleman  
This Saturday June 11, 4-7pm  
At Dan & Melinda Kendall's House**

The Colemans will be here and we would like to invite everyone to come visit before Vespers. Do you have any old pictures with the Colemans? Please bring a plate of finger food to share.



## Celebration of Marriage for Lance & Catherine Cowan – June 19 at 4:00pm

We look forward to celebrating the marriage of Lance and Catherine Cowan on June 19, 2022 at 4 pm. There will be short service followed by a reception immediately afterwards. It is the couple's desire that no cell phone pictures or videos be taken during the short ceremony. We have hired a photographer to capture this, allowing everyone to enjoy this unique service. We ask that you do take as many pictures as you want during the reception. There will even be a photo booth set up for fun pictures. Please post your pictures on your favorite social media with the hashtag #cheerstothecowans.

**Reception Change:** We will no longer be having the potluck for the reception. I do need some volunteers to bake some potatoes for me though. Please contact me if you are willing to do this. I can provide the potatoes if you can bake them for me and have them to the church kitchen by 3:45 pm on Saturday June 19. Thank you - Jennifer Gillquist

## Judi and Gordon Hoyt - 55th Anniversary



At the end of Liturgy on Sunday we said prayers of blessing for Gordon and Judith Hoyt on their 55th Wedding Anniversary. They are founding members of our Parish and first came to Fairbanks, Alaska in 1967 with Campus Crusade for Christ. They were longtime friends of Fr. Harold and Kh. Barbara Dunaway and their family. They have been faithful members of Saint John's for many years and have contributed their talents in many ways.

*Bless their coming years together; prosper their every endeavor; replenish their life with good things; receive their crowns into Your kingdom, preserving them spotless, blameless and without reproach, now and ever and unto ages of ages. Amen.*



## Monthly Newsletter from Antiochian Archdiocese

Click [HERE](#) to view newsletter

### *Dates to Remember*

#### *Birthdays This Week*

June 12 - Brent Schlichting  
June 13 - Naomi Dunaway  
June 14 - Rhonda Clodfelter  
June 15 - Daniel Kies  
June 16 - James Frizelle

June 17 - Lori Mellor  
June 17 - Wade Hattenburg  
June 19 - Sylvia Okuley  
June 19 - Rosely Baker



*M A N Y Y E A R S !*

#### *Anniversaries This Week*

Dwight & Deborah Stallman - June 18, 1983

*M A N Y Y E A R S !*



#### *Remembering in Prayer...*

*Karina Lindblom  
Eloise Lamb  
Teri Van Dyke  
Gwyn Jones*

*Jan Northey  
Preston Collier  
Jaye Keener  
Jennifer Stogsdill*



### *Clare House Meal - 4th Saturday of Each Month*

For the Month of **JUNE** – our scheduled meal that we provide Clare House is:  
**Saturday June 25.** Contact Cara Fletes to see how you can help.



## Remembering Those Who Have Fallen Asleep This Month



- \* Miranda Marie Kelly - June 8, 1984
- \* Kh. Esther Lois Sparks - June 18, 2012
- \* Rosalie Ann Zink - June 21, 2000
- \* Ruth McLean French - June 24, 1984
- \* Brenda Joy Davis - June 28, 1994

*M E M O R Y E T E R N A L !*

## THE SYNAXARION



### Pentecost

On this day, the seventh Sunday after Pascha, we celebrate the holy Feast of Pentecost.

#### *Verses*

*In a violent wind Christ distributes the Divine Spirit;  
In the form of fiery tongues unto the Apostles;  
In one great day, the Spirit was poured forth upon the Fishermen.*

On this day - the fiftieth day after Great and Holy Pascha - we commemorate the descent of the Holy Spirit upon the holy Disciples and Apostles in the form of tongues of fire. Numbering about 120, they who followed the Master gathered in Jerusalem in the upper room of a house to await the Lord's promise to send the Holy Spirit. At about the third hour of the day, there came a sound from Heaven as that of a mighty rushing wind, and it filled the house. Then there appeared to them divided tongues, as of fire, and one sat upon each of them. And they were all filled with the Holy Spirit and began to speak with other tongues, not with the languages of their ancestors, but with other tongues, as the Spirit gave them utterance. When the sound of the rushing wind occurred, a large crowd of people gathered around and became confused, because everyone heard the disciples speak in his own language. The Apostle Peter raised his voice and explained what had happened and 3,000 people joined the Church on this, the day of its birth. Three important things take place on the Feast of Pentecost: the coming of the Holy Spirit into the world, the fulfillment of the promise of Jesus Christ, and the completion of the undefiled hope of the Apostles.

By the intercessions of the Holy Apostles, O Christ our God, have mercy on us. Amen.