

*Sunday before the
Cross
Postfeast Nativity of
the Theotokos*

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*Galatians 6:1-8  
John 3:13-17*

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*Homily by
Dn. Joseph Ray*

*Epistle Reader:
Ben Dunaway*

*Coffee Hour Hosts:
Klatt / Ihde*

St. John Orthodox Cathedral

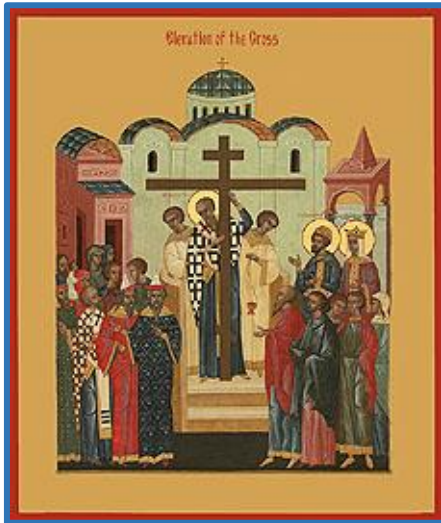
Weekly Bulletin

*Sunday, September 10, 2023
And the Days Following*



O Apostle John, speaker of Deity, the beloved of Christ our God, hasten to deliver your people powerless in speech for He on Whose bosom you lean accepts you as an intercessor. Beseech Him, therefore, to disperse the darkness of ignorance and pray for peace and great mercies to be shown upon us.

Feast Days and Services



Elevation of the Cross

Feast Day is September 14

Great Vespers, Wednesday, September 13

Divine Liturgy, Thursday, September 14

This Service will include the Procession of the Cross with the 500 Lord Have Mercy's chanted in English, Greek and Arabic.

September 14th is a strict fast day.

Parish Events and News

Important Church Family Meeting on Saturday Evening September 30 at 7:15pm after Early Vespers at 6:15pm

This will be an important meeting to discuss various parish issues. Note that we will start Vespers at 6:15pm that Saturday night and have the Church Family meeting immediately afterward at 7:15pm. More information will be coming.

New 2023/2024 Liturgical Calendars

St. John's Liturgical Calendar is now posted on our Website under the Bulletin Section and under Resources. Click [HERE](#) to see it. There are also a few copies located in the Narthex.

Inquirer/Catechism Classes Begin October 3

These informal classes will be held at Fr. Marc and Betsy's home on Tuesday nights from 7-8:30pm, beginning October 3. They are intended for all our catechumens, but they are also for open to any others who want to check out the Orthodox Church or to learn more about its beliefs and practices. So please feel free to invite friends and family members who might want to attend. We will use Metropolitan Kallistos Ware's book, [The Orthodox Church](#), as a framework for these classes. A schedule of dates and topics, along with a sign-up sheet, is available on the table in the narthex.

Clare House Help Needed

We need someone to bake 24 potatoes every 4th Saturday of the month for the Clare house. Please contact Cara Fletes for details! Caramia1984@gmail.com or 907-854-6632



St. John's Youth Group – Grades 7-12

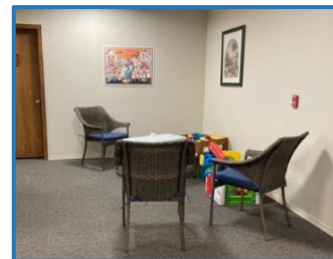
Youth group will meet Tuesday evenings this fall. Each Tuesday we will meet from 6:30 until 8:00pm to eat dinner together, play games, and discuss important topics from an Orthodox Christian perspective. All Jr. High and Highschoolers are welcome. Here is a link to some photos:

<https://photos.app.goo.gl/6fXzUr9UGZUwNKwG7>

I look forward to seeing you all there. You can call us with any questions at (907) 317-9549. —John Marc and Bethany Dunaway

Regarding the Children Play Area in Church Basement

The purpose of this area is to provide an out-of-the-way corner for young children. The chairs are for mothers and others caring for them. We want to keep a limited number of toys there, so please do not bring toys to leave. Thank you.



Coffee Hour This Sunday - September 10, 2023 Group B - 3rd Sunday of the Month

Hosts Families: Klatt / Ihde

Snacks: Agnew, Alvarez, Betson, Davison, B & D Dunaway, Dunaway, J & B, Finkler, Grasse, Hoyt, Ihde, Keener, Klatt, Komar, Lineer, Moffatt, Peters, Potts, Ray, Schlicting, Stevens, Sturdevant, Villafana

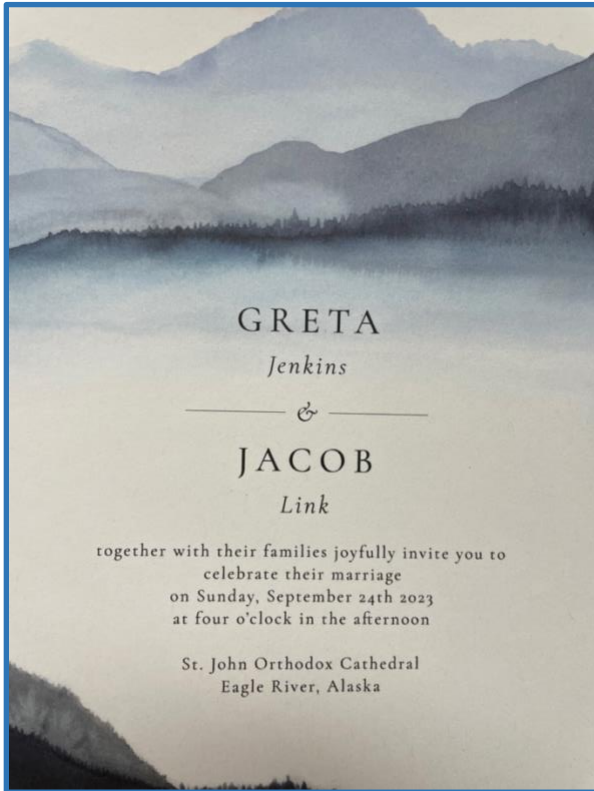
Please bring snacks to serve at least 4 families.

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*Next Sunday – Group C – September 17, 2023*

*Hosts: Johnson, E & H / Medders Families*

*Snacks: Amundson, Clement, Curry, Dunham, Fisher, Greene, Hannah, Hawi, Hunter, E & H Johnson, Kelly, Kendall, Labrecque, Medders Families, Okuley, Polson, Saur, Scherer, Sparks, Stiehr, Taylor, Temple, Wasile*



*Wedding*  
*Greta Jenkins*  
*&*  
*Jacob Link*  
*Sunday, September 24 at 4:00pm*

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## *Notes and Pictures from Parishioners*

### **“Checking In” with Each Other**

Is there something you'd like to share about what your family is up to? Please email [stjohnalaska@aol.com](mailto:stjohnalaska@aol.com)

### **Looking for a Car to Buy**

“I am looking to buy a reliable used car that can drive on the Alaskan roads in the winter. If anyone is interested in selling one, please get in contact with me. Thank You “– Harvest Bowman (682) 789-3721

### **Queen Size Mattress for Sale**

Helen Gillquist has a queen mattress and platform frame for sale. Asking \$200 (barely used).

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## *Dates to Remember*

### *Monday ‘Moms with Kids’ Reading Group*

Calling all moms with babies and toddlers! Please join us for reading group on Mondays at 10 AM. We meet at Saint James House in the living room area. How much we read each week depends on moods of little ones. If you have any questions, please contact Natasha Haines at 907-351-4942.



## Birthdays This Week



September 11 - Gloria O'Fallon

September 12 - Marshall Alexander

September 12 - Sean Fisher

September 12 - Amara Finkler

September 15 - Kasey Medders

September 17 - Hannah Johnson

*M A N Y Y E A R S !*



## Thursday Reading Group

The Thursday readers will meet at JoAnn Webster's home at 10am. Everyone's welcome, bring a snack! JoAnn



## Anniversaries This Week

Jan & MaryAnn Northey - September 10, 1967

*M A N Y Y E A R S !*



## Remembering in Prayer...

*Janet Hawi  
Gwyn Jones  
Ruth Templeton  
Jan Northey  
Tisha Dunham  
Lina Curry  
Gale Armstrong  
Kyra Lineer*

*Al Zink  
Eloise Lamb  
Margaret Grasse  
Kh. Sally Howell  
Gordon Hoyt  
Fr. Michael Molloy  
Teri Van Dyke*

## Remembering Those Who Have Fallen Asleep This Month



- \* Priest Thomas Moffatt - September 2, 2008
- \* Dorothy Calberg Keating - September 11, 2012
- \* Laura Belle Scott - September 13, 2014
- \* Agileen Lund - September 17, 1983
- \* Infant Mary Elizabeth Dunaway - September 20, 1984
- \* Russell Raoul Labrecque - September 30, 1986

*M E M O R Y E T E R N A L !*

## Clare House Meal - 4th Saturday of Each MONTH

For the Month of **SEPTEMBER** – our scheduled meal that we provide Clare House is: **Saturday, September 23**. Contact Cara Fletes to see how you can help.

**We need someone to bake 24 potatoes every 4th Saturday of the month for the Clare house.** Please contact Cara Fletes for details! [Caramia1984@gmail.com](mailto:Caramia1984@gmail.com) or 907-854-6632



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## THE SYNAXARION

Menodora, Metrodora, Nymphodora of Bithynia – September 10



On September 10, in the Holy Orthodox Church, we continue to celebrate the Nativity of the Theotokos; and we commemorate the Martyrs Menodora, Metrodora and Nymphodora of Bithynia.

### *Verses*

*Menodora, Metrodora, and Nymphodora,  
The Lord's adorers are now adorned in the Heavens.  
On the tenth, the three namesakes of gifts were struck to death.*

These sisters grew up in the Faith in Asian Bithynia. They withdrew to the wilderness and dedicated themselves to great labor, fasting and prayer. God adorned them with the gift of miracle working. A certain wicked governor, Fronton, called for them. Although they were great fasters and their bodies were withered, their faces were radiant, illumined by inward peace and the grace of God. He ordered that Menodora be tortured first. Fronton called out to Menodora, who was wounded and bloody: "Offer sacrifice to the gods!" To this the holy martyr replied: "Do you not see that I am offering my entire self as a sacrifice to my God?" When Menodora gave up her spirit, the governor brought out her two sisters, and stood them by the body of Menodora, where he counseled them to deny Christ. Since they remained steadfast, he slew them by harsh tortures. Just then, a thunderbolt struck from heaven, and killed the evil Fronton and his servants. The sisters suffered in the fourth century and found rest in the Kingdom of Christ.

On this day, we also commemorate the Empress Pulcheria, and Peter, bishop of Nicaea.  
By their intercessions, O Christ God, have mercy upon us. Amen.

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### **Bulletin Announcement Guidelines**

Send announcements to church email address: [stjohnalaska@aol.com](mailto:stjohnalaska@aol.com). Have announcements submitted by Thursday or at very latest Friday 9am. If you have any questions regarding announcements – contact Maris Kelly at the church office. 907-696-2002.

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### **Saint John Orthodox Cathedral**

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• Diocesan Website: <http://www.antiochianladiocese.org>  
Antiochian Orthodox Christian Archdiocese  
Pastor: Fr. Marc Dunaway • Assistant Priest: Fr. Robert Polson