

Sabbas the Sanctified

Tone 7

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*Galatians 5:22-6:2*

*Gospel 13:10-17*

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Homily by

Subdn. Chris Kies

Epistle Reader:

Jerry Finkler

St. John Orthodox Cathedral

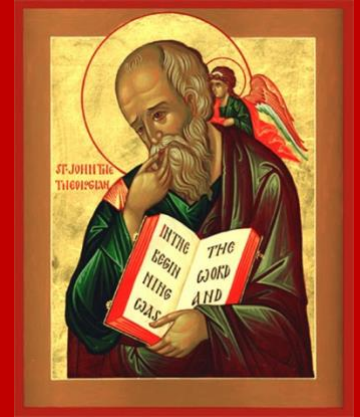
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## *Weekly Bulletin*

*Sunday, December 5, 2021*

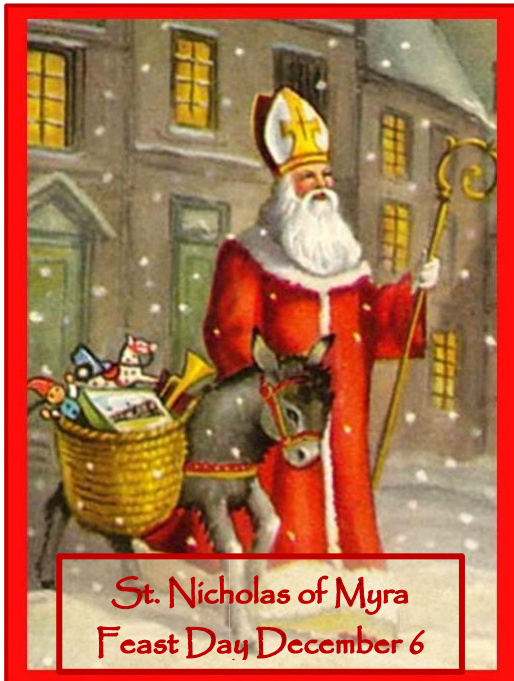
*And the Days Following*

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O Apostle John, speaker of Deity, the beloved of Christ our God, hasten to deliver your people powerless in speech, for He on Whose bosom you lean accepts you as an intercessor. Beseech Him, therefore, to disperse the darkness of ignorance and pray for peace and great mercies to be shown upon us.

Feast Days and Services



*St. Nicholas of Myra
Feast Day December 6*



**Great Vespers for St. Nicholas
Sunday Evening
December 5 at 6:15pm**

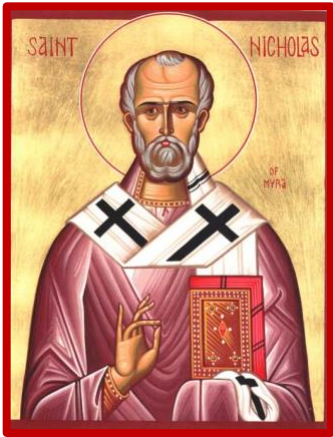
We will celebrate this day as part of our Advent preparations by sharing gifts that are put in our shoes during Vespers for the Feast Day.

Please leave your shoes in the Church Basement if you wish to receive a gift.



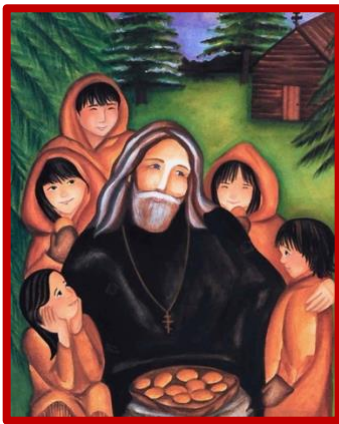
Three Ways We Celebrate the Season of Advent

We are in the season of Advent that leads up to Christmas. As part of this season we take time in December to celebrate and remember the lives of three special saints.



Saint Nicholas – December 6

On **Sunday evening, December 5 at 6:15pm**, we will have a special Vespers Service to remember **St. Nicholas**, the real source of the Santa Claus legends. Saint Nicholas was Bishop of Myra in the 300's and was known for his great generosity, once giving gold coins to those in need. Everyone is invited to join us for this 40-minute service. If you leave your shoes in the church basement, you might find some **gold coins** and other treats in them afterward.



Saint Herman – December 13

On **Sunday evening, December 12 at 6:15pm**, we will celebrate the Akathist service to **St. Herman of Alaska**. Saint Herman was a Russian monk who lived in Kodiak and on Spruce Island in the 1700's. He devoted much of his life to serving the native peoples of Alaska. After this 30-minute service there will be an outdoor **Cookie Exchange** with a campfire, cookies and Russian tea where we had Coffee Hour this summer. You are welcome to bring cookies to exchange. Bring as many as you want to make, packaged in baggies with 3 cookies each. There will be some tables set up outside the Cathedral where you can set them to share with others. Or if you live on Monastery Drive, you can set up your cookies along at the bottom of your driveway like we did last year when we weren't able to gather due to the pandemic.



Saint Ignatius – December 20

On **Sunday evening, December 19 at 6:15pm**, we will have Vespers to remember **St. Ignatius of Antioch**. St. Ignatius was one of the great early martyrs of the Church, being killed by lions in a Roman arena on this day in 107 A.D. This Vespers marks the beginning of the Christmas "**Holy Week**" that leads us up to Christmas, the celebration of the Birth of Christ.

Parish Events and News



Coffee Hour This Sunday – December 5 (Fasting)

Hosts Families: Clodfelter / Idhe

See Host Instructions [HERE](#)

Group 1: J. Alvarez, Clodfelter, Dunham, Greene, Ihde, M & M Jones, Komar, Macalino, Palmer, Potts, Stogsdill, Terrell, Webster, Wells, and Zink

* Each family in the assigned Group should **bring snacks to serve at least four families**. (A variety of healthy, delicious and not-too-messy snacks are appreciated and they don't need to be individually wrapped).

* Posters of how to make coffee and the procedure for setup/cleanup will be posted in the basement kitchen.

Please Note: We are now in a Fasting Season, so bring snacks according to the Fasting Guidelines for Advent.

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*Next Sunday – December 12, 2021*

*Group 2: Hosts: S. Alvarez / K & J Medders*

*Snacks: S. Alvarez, Cook, Dyal, Haines, Hoyt, Jenkins Families, Keener, D & M Kendall, Labrecque, K & J Medders, Northey Families, Patras*

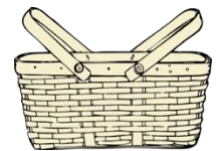
### Advent Outreach Project



This year our Clare House delivery falls on Christmas day. Along with Christmas dinner, we are hoping to provide the children and the mothers, living at the Clare House, with Christmas stockings. We will be collecting donations to fill the stockings up until **December 21<sup>st</sup>**. The week before Christmas, we will stuff all of the stockings so they are ready for delivery on Christmas day. There will be bins in the Narthex for donations. This project will be the Good Works Basket project for the month of December. Please consider donating any of the items listed below or you may write a check to the Sisters of Mary and Martha noting "Clare House Donations". Please email with any questions! Cara Fletes [Caramia1984@gmail.com](mailto:Caramia1984@gmail.com)

**For Kids:** Christmas candy, kid gloves and mittens (for girls and boys), kid socks, art supplies, Playdoh

**For Adults:** Women's gloves and mittens, Handwarmers, Mini hand sanitizers, Masks (surgical), Mini lotion, Body wash, (Any home spa or pampering item), Christmas candy.



# ANTIOCHIAN WOMEN DLAW SOWING BEE PLANTING SEEDS OF WISDOM, HOPE & LOVE



## **GUEST SPEAKER**

**Kh. Frederica  
Mathewes-Green**

**THURSDAY  
DECEMBER  
9TH  
7PM  
(CA TIME)**

Author of this year's Antiochian Women's Book Club selection, "Mary As The Early Christians Knew Her" - Khouria will present on The Protevangelion of James (The Gospel of Mary) with icons representing the various events in the story.

**THIS PRESENTATION WILL VIEW ON OUR ANTIOCHIAN WOMEN DIOCESE OF  
LOS ANGELES & THE WEST FACEBOOK PAGE .  
YOU DO NOT NEED A FACEBOOK ACCOUNT TO VIEW  
@ANTIOCHIANWOMENDIOCESEOFLOSANGELESANDTHEWEST**

## **“Checking In” with Each Other**

Is there something you'd like to share about what your family is up to? Please email [stjohnalaska@aol.com](mailto:stjohnalaska@aol.com)



### **Duplex Apartment Available on Monastery**

Myra, Eric and Marjorie Ihde are leaving Sunday to move to North Carolina where Marjorie's new husband has been assigned. They have lived in the other half of the Dunaway Duplex for six years. This duplex apartment will become available for rental hopefully in January of the new year. It is a 2 bedroom, 2 story apartment. If you are interested or know someone who may be, please contact Fr. Marc and Betsy.

## *Dates to Remember*

### *Birthdays This Week*



December 6 - Deborah Stallman

December 1- Lynn Moffatt

December 9 - Kh. Colleen Polson

December 12 - Andrea Stiehr

*M A N Y      Y E A R S !*

### *Anniversaries This Week*



Russell & Rhonda Clodfelter - December 8, 1984

*M A N Y      Y E A R S !*

### *Remembering in Prayer...*



*Tisha Dunham*

*Jennifer Medders*

*Eloise Lamb*

*Preston Collier*

*Tom Johnson*

*Mother Galina*

*Katie Jones*

*Teri Van Dyke*

*Laurie Snider*

*Those Suffering with Covid*

### *Remembering Those Who Have Fallen Asleep This Month*



\* Thomas Hyde Webster - December 1, 2021

\* Paul Frederick Schanzenback - December 25, 2016

*M E M O R Y      E T E R N A L !*

### *Clare House Meal - 4th Saturday of Each Month*

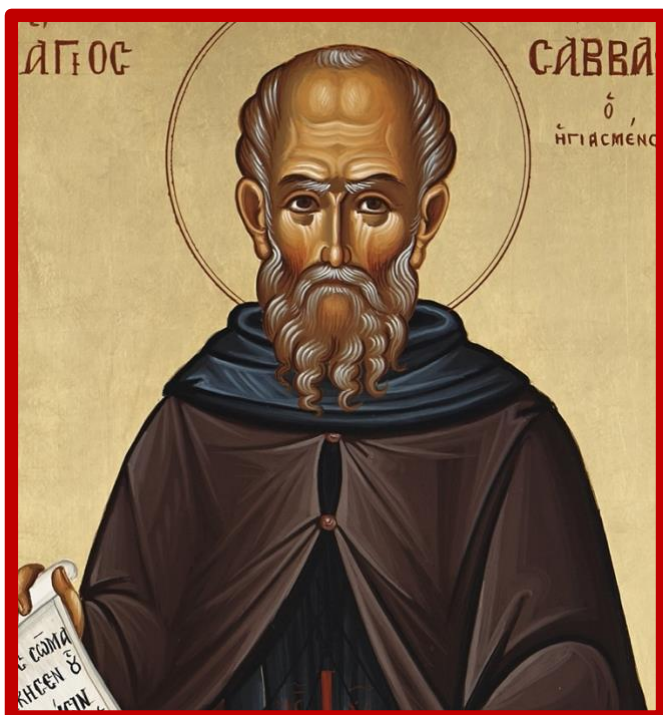
For the Month of **December** – our scheduled meal that we provide Clare House is:  
**Saturday, December 25.** Contact Cara Fletes to see how you can help.  
(Also see Advent Outreach announcement above.)



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## THE SYNAXARION

Sabbas the Sanctified – December 5



On December 5, in the Holy Orthodox Church we commemorate our righteous Father Sabbas the Sanctified.

### *Verses*

*Since he sought after God in soul all his lifetime,  
Sabbas in His presence now stands before Him.  
On the fifth, Sabbas was led up within the divine home.*

Sabbas was born in the year 439 in Moutalaska, a small village of Cappadocia. He entered the arena of the monastic life at age the age of eight and was under the renown master trainer of monastics and teacher of the desert, Euthymius the Great. Sabbas became the spiritual father of many monks and an instructor for the monasteries in Palestine. He was appointed archimandrite of the desert-dwellers there by the Patriarch of Jerusalem. In his old age he went to Constantinople, to the Emperors Anastasius and Saint Justinian the Great, on behalf of the Orthodox Faith and the dogmas of the Council of Chalcedon. Sabbas reposed at the age of 94. Among all his good works, his greatest was the first Order of Services for use in monasteries, now known as the Jerusalem Typikon.

On this day, we also commemorate the Martyr Diogenes; Venerable Nektarios of Yagaris Kelli and Philotheos of Karyes on Athos; Gurios, missionary bishop of Kazan; and Venerable Nektarios of Bitol.

By the intercessions of Your Saints, O Christ God, have mercy upon us. Amen.

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### **Saint John Orthodox Cathedral**

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Antiochian Orthodox Christian Archdiocese • Pastor: Fr. Marc Dunaway  
Assistant Priests: Fr. Robert Polson / Fr. Thomas Frizelle