

Postfeast of
Elevation Sunday
after the Cross

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Galatians 2:16-20  
Mark 8:34-9:1

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Homily by
Subdn. Tim Mellor

Epistle Reader:
Jennifer Medders

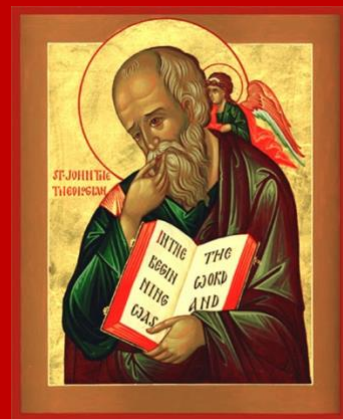
Coffee Hour Hosts:
Davisson / Dunaway J
& B

St. John Orthodox Cathedral

Weekly Bulletin

Sunday, September 15, 2024

And the Days Following



O Apostle John, speaker of Deity, the beloved of Christ our God, hasten to deliver your people powerless in speech, for He on Whose bosom you lean accepts you as an intercessor. Beseech Him, therefore, to disperse the darkness of ignorance and pray for peace and great mercies to be shown upon us.

Parish Events and News

St. John's Bookstore

\$5 Book Sale Sunday, September 15!



To make some room on the shelves for upcoming new books and icons, a selection of books and icons from our church bookstore will be available for sale in the basement during coffee hour starting on September 15, until the end of the month or sell out. The price will be \$5 per book and \$10 per icon, unless otherwise marked. Come and see if the book you've been eyeing for a while is there! Please also give your suggestions for new books, icons, or other items to Rachel Arnold, or leave a note in the book-slot at the candle counter anytime!



Save the Date...Atrium will Begin September 22

Look for registrations coming up / more info will follow



Coffee Hour This Sunday - September 15, 2024 Group C - Third Sunday of the Month

Hosts Families: Davisson / Dunaway, J & B

Snacks: Arnold, Clement, Curry, Dunham, Fisher, Greene, Hanna, Hawi, Hunter, E & H Johnson, Kelly, Kendall, Labrecque, Medders Families, Okuley, Polson, Saur, Scherer, Sparks, Stiehr, Taylor, Temple, Wasile

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Next Sunday - Group D - September 22 Hosts: Haines / Okuley

Snacks: Alexander, Arvidson, Clodfelter, Dougherty, Dunaway, Dyal, Fletes, Haines, Hightower, B & M Johnson, Jones, Kies, Lamb, Mee, Moses, Palmer, Parker, Ray, Snider, Stogsdill, I. Temple, Terrell, Van Dyke, Webster

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## *Local Community News*



# Acquiring the Orthodox Mindset

A retreat with Dr. Jeannie Constantinou  
*noted scholar, author and podcaster*

Saturday, Sept. 21, 2024

Holy Transfiguration  
Greek Orthodox Church  
2800 O'Malley Road, Anchorage

### **Retreat Schedule**

Session 1 ~ 10:00-11:00

Session 2 ~ 11:15-12:15

~ Lunch Break ~

Session 3 ~ 1:00-2:00

Session 4 ~ 2:15-3:15

Great Vespers ~ 5:00

Q & A with Dr. Jeannie ~ 6:00-7:00

Presvytera Jeannie Constantinou, Ph.D., is a New Testament scholar, host of the "Search the Scriptures" podcast, author of "Thinking Orthodox", and "The Crucifixion of the King of Glory". She makes "the Bible come alive" with her knowledge of the scriptures and their historical context.

Questions? Email [holytransfigurationanc@gmail.com](mailto:holytransfigurationanc@gmail.com)

## **Acquiring the Orthodox Mindset**

### **A special retreat with Dr. Jeannie Constantinou**

Noted scholar, author, and podcaster.  
No Registration or fee required

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## *News From Our Antiochian Archdiocese*



Writings by Metropolitan Saba: [God and Man, Part Two](#)

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## *Notes and Pictures from Parishioners*

### **“Checking In” with Each Other**

Is there something you'd like to share? Please email [cathedral@stjohnalaska.org](mailto:cathedral@stjohnalaska.org)

### **Update on Paul Gillquist and Family**

Paul Gillquist has completed his course in Arizona and is now a Blackhawk instructor pilot. The family is enjoying their life there and love their new parish Holy Resurrection Church in Tucson. Olivia is homeschooling Jonas and keeps the boys busy with hiking and other activities.



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## *Dates to Remember*

### *Monday 'Moms with Kids' Reading Group*

Monday morning reading group for moms with little at 10 AM in St. James House living room. If you have any questions, please contact Natasha Haines.



### *Thursday Reading Group*

The Thursday 10 am reading group will be meeting at the Senior Center, same place as last winter. I will also send out a text message reminder. — Ann Patras.



### *Anniversaries This Week*

Stephen & Kali Macalino - September 20, 1992

*M A N Y Y E A R S !*

### *Birthdays This Week*

September 15 - Kasey Medders

September 18 - Melinda Kendall

September 17 - Hannah Johnson

September 21 - Blaise Alexander

September 18 - Stan Snider

September 22 - Myles Kelly



*M A N Y Y E A R S !*



### *Remembering in Prayer...*

*Gwyn Jones*

*Oksana Artz*

*Nina Potts*

*Maris Kelly*

*Laura Temple*

*We continue to pray for all those suffering in Ukraine  
and for all those suffering in Israel and Gaza, for a quick end to  
war and for peace*

### *Remembering Those Who Have Fallen Asleep This Month*



\* Priest Thomas Moffatt - September 2, 2008

\* Dorothy Calberg Keating - September 11, 2012

\* Alan John Zink - September 12, 2023

\* Laura Bell Scott - September 13, 2014

\* Agileen Lund - September 17, 1983

\* Infant Mary Elizabeth - September 20, 1984

\* Russell Raoul Labrecque - September 30, 1986

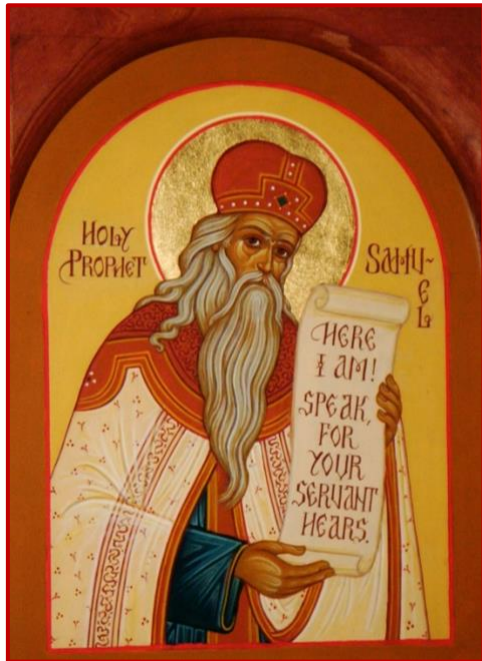
*M E M O R Y E T E R N A L !*

### *Clare House Meal - 4th Saturday of Each Month*

For the Month of **SEPTEMBER** – our scheduled meal that we provide Clare House is:  
**Saturday, Sep 28.** Contact Cara Fletes to see how you can help.



*Who is that Prophet on the Iconostasis?  
Answers to this question will be highlighted in the bulletin each Sunday*



**Holy Prophet Samuel**

**Feast Day – August 20**

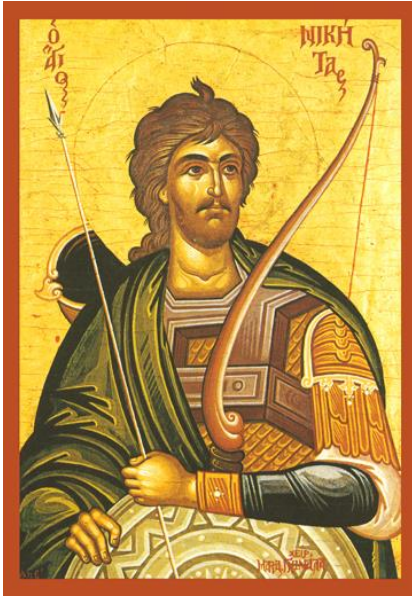
*“Here I am! Speak, for your servant hears.”*

Samuel, the fifteenth and last judge over Israel, lived eleven hundred years before the birth of Christ in Shiloh very near the Ark of the Covenant. Samuel, at the age of 12, had a true revelation from God concerning the punishments that were pending before the house of the high priest Eli, due to the immorality of his sons Hophni and Phineas. That revelation soon materialized: The Philistines defeated the Israelites, slew both of Eli’s sons and captured the Ark of the Covenant. When the messenger informed Eli of this tragedy, Eli fell dead to the ground. The same thing occurred to his daughter-in-law, the wife of Phineas. For twenty years the Israelites were the slaves of the Philistines. After this period of time, God sent Samuel to the people to preach repentance if they wished to be saved from their enemies. The people repented and rejected the foreign idols that they served and recognized Samuel as a prophet, priest and judge. Then Samuel set out with an army against the Philistines and with God’s help confused and defeated them, thus liberating the land and the people. After that, Samuel peacefully remained a judge over his people until old age.

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## THE SYNAXARION

### Nikitas the Goth – September 15



On September 15 in the Holy Orthodox Church, we continue to celebrate the Elevation of the Holy Cross. We commemorate the victory of the Holy Great-Martyr Nikitas the Goth.

#### *Verses*

*O Nikitas, while being burned, you became a victory-bearer,  
or rather, a fire-bearing victory bearer.*

*On the fifteenth Nikitas was cast into the furnace.*

Nikitas was a disciple of Theophilus, Bishop of the Goths, who participated in the First Ecumenical Council in Nicaea in 325. When the Gothic prince Athenarik began to torture Christians, Nikitas stood before the prince and denounced him for his paganism and inhumanity. Subsequently harshly tortured, Nikitas confessed his faith in Christ even more strongly and prayed to God with thanksgiving. On his breast under his robe Nikitas bore an icon of the Most-holy Theotokos with the Pre-eternal Christ Child standing and holding the Cross in His hands. The Holy Theotokos had appeared to him and comforted him. Finally, the torturer threw the soldier of Christ into the fire, where the holy martyr breathed his last, but his body remained untouched by the fire. His companion Marianus took his body from the land of the Goths to Cilicia, which is located in modern Turkey. There, he built a church dedicated to Nikitas and placed the miracle-working relics of the martyr in it. Nikitas suffered and was glorified in the year 372.

On this day, we also commemorate the Martyr Porphyrios the mime; Vissarion, bishop of Larisa; New-martyr John of Crete; and venerable Joseph the New of Partosh in Romania. By their intercessions, O Christ God, have mercy upon us. Amen.

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#### **Bulletin Announcement Guidelines**

Send announcements to church email address: [cathedral@stjohnalaska.org](mailto:cathedral@stjohnalaska.org) Have announcements submitted by Thursday or at very latest Friday 9am. If you have any questions regarding announcements – contact Maris Kelly at the church office. 907-696-2002.

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#### **Saint John Orthodox Cathedral**

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• Diocesan Website: <http://www.antiochianladiocese.org>  
Antiochian Orthodox Christian Archdiocese  
Pastor: Fr. Marc Dunaway • Assistant Priest: Fr. Robert Polson