

Sunday “Typica” Service at Home

The family gathers before their Icons with candles lit. Incense may be used, if desired. The Epistle and Gospel for the day should be marked ahead of time. The family bows and makes the sign of the Cross three times and then begins.

Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us and save us.

Amen.

(During the Pascha season, “Christ is risen...” is sung three times.)

The Trisagion Prayers

Holy God, Holy Mighty, Holy Immortal: have mercy on us. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

All-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy God, visit and heal our infirmities for Your name’s sake.

Lord, have mercy. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

For Thine is the kingdom and the power and the glory: of the Father and of the Son and of the Holy Spirit, now and ever, and unto ages of ages.

Amen.

The following Psalms are read or chanted simply.

Psalm 103 (LXX 102) – Tone 8

Bless the Lord, O my soul, and all that is within me, bless His holy name! Bless the Lord, O my soul, and forget not all His benefits: Who forgives all your iniquities, Who heals all your diseases, Who redeems your life from destruction, Who crowns you with loving-kindness and tender mercies, Who satisfies your mouth with good things, so that your youth is renewed like the eagle’s. The Lord executes righteousness and justice for all who are oppressed. He made known His ways to Moses, His acts to the children of Israel. The Lord is merciful and gracious, slow to anger, and abounding in mercy. He will not always strive with us, nor will He keep His anger forever. He has not dealt with us according to our sins, nor punished us according to our iniquities. For as the heavens are high above the earth, so great is His mercy toward those who fear Him; as far as the east is from the west, so far has He removed our transgressions from us. As a father pities his children, so the Lord pities those who fear Him. For He knows our frame; He remembers that we are dust. As for man his

days are like grass; as a flower of the field, so he flourishes. For the wind passes over it, and it is gone, and its place remembers it no more. But the mercy of the Lord is from everlasting to everlasting on those who fear Him, and His righteousness to children's children, to such as keep His covenant, and to those who remember His commandments to do them. The Lord has established His throne in heaven, and His kingdom rules over all. Bless the Lord, you His angels who excel in strength, who do His word, heeding the voice of His word. Bless the Lord, all you His hosts, you ministers of His who do His pleasure. Bless the Lord, all His works, in all places of His dominion. Bless the Lord, O my soul.

Glory to the Father and to the Son and to the Holy Spirit:

Psalm 146 (LXX 145) – Tone 2

Praise the Lord, O my soul! While I live I will praise the Lord; I will sing praises to my God while I have my being. Do not put your trust in princes, nor in a son of man, in whom there is no help. His spirit departs, he returns to his earth; in that very day his plans perish. Happy is he who has the God of Jacob for his help, whose hope is in the Lord his God, Who made heaven and earth, the sea, and all that is in them; Who keeps truth forever, Who executes justice for the oppressed, Who gives food to the hungry. The Lord gives freedom to the prisoners. The Lord opens the eyes of the blind; the Lord raises those who are bowed down; the Lord loves the righteous. The Lord watches over the strangers; He relieves the fatherless and widow; But the way of the wicked He turns upside down. The Lord shall reign forever – Your God, O Zion, to all generations.

Now and ever, and unto ages of ages. Amen.

The following hymns are read or sung.

“Only-Begotten Son...”

Only-begotten Son and Word of God, Who are immortal, yet condescended for our salvation to be incarnate of the holy Theotokos and ever-virgin Mary; Who without change were made man and were also crucified, O Christ our God, trampling down death by death; Who are One of the Holy Trinity, glorified together with the Father and the Holy Spirit: Save us.

The Beatitudes

In Your kingdom remember us, O Lord, when You come in Your kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be satisfied.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

Rejoice and be glad, for your reward is great in heaven.

Glory to the Father and to the Son and to the Holy Spirit.

Now and ever and unto ages of ages. Amen.

Remember us, O Lord, when You come in Your kingdom.

Remember us, O Master, when You come in Your kingdom.

Remember us, O Holy One, when You come in Your kingdom.

The Epistle Reading for the Day

The reading from the Epistle of.... Let us attend.

The Gospel Reading for the Day

The reading from the Holy Gospel according to Saint.... Let us attend.

The following short hymns can be read aloud by one or different members of the family.

Troparia and Verses

The heavenly choir sings Your praises, saying: Holy, holy, holy, Lord of hosts; heaven and earth are full of Your glory.

Come to Him, and be enlightened, and your faces shall not be ashamed.

The heavenly choir sings Your praises, saying: Holy, holy, holy, Lord of hosts; heaven and earth are full of Your glory.

Glory to the Father and to the Son and to the Holy Spirit.

The choir of holy angels and archangels, with all the powers of heaven, sing Your praises, saying: Holy, holy, holy, Lord of hosts; heaven and earth are full of Your glory.

Now and ever and unto ages of ages. Amen.

All say together the Creed.

The Creed

I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible;

And in one Lord Jesus Christ, the Son of God, the only begotten, begotten of the Father before all worlds, Light of Light, very God of very God, begotten, not made; of one essence with the Father, by Whom all things were made;

Who for us men and for our salvation came down from heaven, and was incarnate of the Holy Spirit and the Virgin Mary, and became man;

And was crucified also for us under Pontius Pilate, and suffered and was buried;

And the third day He rose again, according to the Scriptures;

And ascended into heaven, and sits at the right hand of the Father;

And He shall come again with glory to judge the living and the dead, Whose kingdom shall have no end.

And I believe in the Holy Spirit, the Lord, and Giver of life, Who proceeds from the Father, Who with the Father and the Son together is worshipped and glorified, Who spoke by the prophets;

And I believe in one, holy, catholic, and apostolic Church.

I acknowledge one baptism for the remission of sins.

I look for the resurrection of the dead,

And the life of the world to come. Amen.

Prayer after the Creed

Forgive, remit, pardon, O God, our sins, both voluntary and involuntary, in deed and in word, in knowledge or in ignorance, committed by night or by day, in mind and in thought. Forgive us them all, for You are good and love mankind.

The Lord's Prayer

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

For Thine is the kingdom and the power and the glory: of the Father and of the Son and of the Holy Spirit, now and ever, and unto ages of ages.

Amen.

Hymn of the Day (Optional)

(The troparion or kontakion of the day may be sung, or the hymn to our patron Saint.)

Hymn to John the Evangelist

O Apostle John, speaker of Deity, the beloved of Christ our God, hasten to deliver your people powerless in speech, for He on Whose bosom you lean accepts you as an intercessor. Beseech Him therefore, to disperse the darkness of ignorance and pray for peace and great mercies to be shown upon us.

Forty-fold "Lord, have mercy" (Say or Sing)

Lord, have mercy. (40x)

The Prayer of the Hours

O Lord, Who at all times and at every hour, both in heaven and on earth, are worshipped and glorified, O Christ our God, long-suffering, abundant in mercy and compassion; Who love the just and show mercy to sinners; Who call all men to salvation through the promise of good things to come: Receive also our supplications at this present hour, and direct our lives according to Your commandments. Sanctify our souls; purify our bodies; set aright our minds; cleanse our thoughts; and deliver us from all disaster, wrath, and distress. Surround us with Your holy angels, that

guided and guarded by their host we may attain to the unity of the faith and to the comprehension of Your inexpressible glory:

For blessed are You unto ages of ages.

Amen.

Blessed be the name of the Lord, from this time forth and forevermore. (3x)

Psalm 34 (LXX 33)

I will bless the Lord at all times; His praise shall continually be in my mouth. My soul shall make its boast in the Lord; the humble shall hear of it and be glad. O, magnify the Lord with me, and let us exalt His name together. I sought the Lord, and He heard me, and delivered me from all my fears. They looked to Him and were radiant, and their faces were not ashamed. This poor man cried out, and the Lord heard him, and saved him out of all his troubles. The angel of the Lord encamps all around those who fear Him, and delivers them. O, taste and see that the Lord is good; blessed is the man who trusts in Him! O, fear the Lord, you His saints! There is no want to those who fear Him. The young lions lack and suffer hunger; but those who seek the Lord shall not lack any good thing. Come, you children, listen to me; I will teach you the fear of the Lord. Who is the man who desires life, and loves many days, that he may see good? Keep your tongue from evil, and your lips from speaking deceit. Depart from evil and do good; seek peace and pursue it. The eyes of the Lord are on the righteous, and His ears are open to their cry. The face of the Lord is against those who do evil, to cut off the remembrance of them from the earth. The righteous cry out, and the Lord hears, and delivers them out of all their troubles. The Lord is near to those who have a broken heart, and saves such as have a contrite spirit. Many are the afflictions of the righteous, but the Lord delivers him out of them all. He guards all his bones; not one of them is broken. Evil shall slay the wicked, and those who hate the righteous shall be condemned. The Lord redeems the soul of His servants, and none of those who trust in Him shall be condemned.

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Here may be inserted a personal word of encouragement or a prayer for the concerns of the family, followed by the concluding prayer below.

Concluding Prayer

Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us and save us.

Amen.