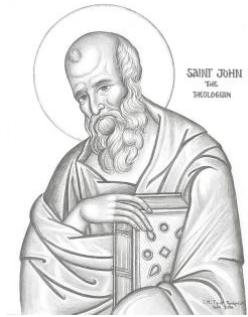


# The Liturgical Year 2022-2023

## Saint John Orthodox Cathedral ♦ Eagle River, Alaska



SERVICES		FEASTS	FASTS
<p><b>Nativity of the Mother of God</b> Sep 7, 6:15pm – Vespers Divine Liturgy (Wed)</p> <p><b>Elevation of the Cross</b> Sep 13, 7:15pm – Great Vespers (Tuesday) Sep 14, 6:15pm – Divine Liturgy (Wednesday)</p> <p><b>St. Sergius of Radonezh</b> Sep 26, 12:30pm – Prayers at St. Sergius Chapel</p> <p><b>St. John the Evangelist</b> TBA</p>	SEPT/OCT	<p>SEP 1 – BEGINNING OF THE NEW LITURGICAL YEAR</p> <p><b>Sep 8* - THE NATIVITY OF MOTHER OF GOD</b> (lv.12)</p> <p><b>Sep 14* - THE ELEVATION OF THE CROSS</b> (lv.21)</p> <p>Sep 24 – Martyrs of Alaska (Juvenaly the priest martyr &amp; Peter the Aleut martyr)</p> <p>Sep 25 – St. Sergius of Radonezh</p> <p>Sep 26 – The Falling-asleep of St. John the Evangelist</p> <p>Oct 6 – St. Innocent of Alaska (canonization)</p> <p>Nov 7 – Commemoration of St. Raphael of Brooklyn (Sat. before Nov. 8)</p>	<p><b>Fasts Preceding Liturgies:</b> Any day the Liturgy is celebrated in the morning a total fast from all food and drink is kept from midnight until after the Liturgy. For evening Liturgies a total fast should be kept from noon until after the Liturgy.</p> <p><b>Wednesdays and Fridays</b> Unless otherwise noted all Wednesdays and Fridays throughout the year are kept as fast days the same as a weekday during Lent.</p> <p><b>Sep 14 – The Elevation of the Cross</b> This is a strict fast day and no food at all should be eaten until after the evening Liturgy, when a light, fasting meal is permitted. Oil and wine are permitted. (Note: When this Feast falls on Saturday or Sunday it is still a fast day kept in the same way as any Saturday or Sunday in Lent.)</p>
<p><b>Entrance of the Mother of God - Transfer of Feast</b> Nov 19, 7:15pm – Great Vespers (Saturday) Nov 20, Matins – 9am / Divine Liturgy – 10am (Sunday)</p>	NOV	<p><b>Nov 21* - THE ENTRANCE OF THE MOTHER OF GOD INTO THE TEMPLE</b> (lv.25)</p> <p>Nov. 25 – St. Catherine</p>	<p><b>Nov 15 – Dec 24 – Advent Fast</b> This fast is kept the same as Great Lent, except that fish, wine and oil may be eaten up to Dec. 20. On Dec. 20 begins the special “holy week” preceding Christmas when the fast should be strictened. (Although this fast traditionally begins on Nov 15, 40 days before Christmas, it is pastorally suggested that it may be kept most seriously beginning Dec. 1, when the liturgical texts for Advent begin to appear.)</p>
<p><b>Advent Services</b> Dec 5, 7:15pm – Great Vespers for St. Nicholas (Mon) Dec 12, 7:15pm – Akathist for St. Herman (Monday) Dec 19, 7:15pm – Great Vespers for St. Ignatius (Mon)</p> <p><b>Christmas Services</b> Dec 23, “Royal Hours” (Friday) Dec 24, 7:15pm – Great Vespers (Saturday) Dec 25, 9am – Matins (Sunday) 10am – Divine Liturgy of St. Basil</p>	DEC	<p>Dec 4 – St. Barbara</p> <p>Dec 6 – St. Nicholas the Wonderworker of Myra</p> <p>Dec 13 – St. Herman of Alaska</p> <p>Dec 20 – St. Ignatius of Antioch</p> <p>Dec 20-24 – Forefeast of Christmas</p> <p><b>Dec 25* - CHRISTMAS: The Nativity of Our Lord Jesus Christ</b> (lv 31)</p>	<p><b>Dec 24 – Christmas Eve</b> This is a fast day, and no food at all should be eaten until after the evening Liturgy, when a light, fasting meal is permitted. (Note: When Christmas Eve falls on Saturday or Sunday it is not a strict fast day, but is kept as any weekday in Advent.)</p> <p><b>Dec 25 – Jan 4 – The Christmas Season</b> No fasting.</p>
<p><b>Epiphany Services</b> Jan 5, “Royal Hours” (Thursday) Jan 5, 7:15pm – Great Vespers (Thursday) Jan 6, 6:15pm – Great Blessing of Water and Divine Liturgy of St. John (Friday)</p>	JAN	<p>Jan 1 – Circumcision of Our Lord Jesus Christ; St. Basil the Great</p> <p>Jan 2-5 – Forefeast of Epiphany</p> <p><b>Jan 6* - EPIPHANY OF OUR LORD JESUS CHRIST</b> (lv. 14)</p> <p>Jan 22 – Zacchaeus Sunday – 5 weeks before Lent</p> <p>Jan 29 – Canaanite Woman – 4 weeks before Lent</p>	<p><b>Jan 5 – Eve of Epiphany</b> This is a fast day, and no food at all should be eaten until after the evening service, when a light, fasting meal is permitted. (Note: When Epiphany Eve falls on Saturday or Sunday it is not a strict fast day, but is kept as any weekday in Advent.)</p>
<p><b>The Meeting of Our Lord</b> Feb 1, 6:15pm – Vespers Divine Liturgy (Wed)</p> <p><b>Saturday of Souls</b> Feb 17, 7:15pm – Vespers Feb 18, 9:15am – Divine Liturgy</p> <p><b>Special Lenten Services</b> Feb 26, 6:15pm – Forgiveness Sunday Vespers Mondays in Lent, TBA Wednesdays in Lent, 6:15pm – Presanctified Liturgy Fridays in Lent, 7:15pm – Akathist to the Mother of God Sundays in Lent, 9am – Matins; 10am – Divine Liturgy of St. Basil the Great</p>	FEB	<p><b>Feb 2* - THE PRESENTATION OF OUR LORD JESUS CHRIST IN THE TEMPLE</b> (lv 9, or Friday before Souls Saturday, whichever is first)</p> <p>Feb 5 – Sunday of the Publican and the Pharisee – 3 weeks before Lent</p> <p>Feb 12 – Sunday of the Prodigal Son – 2 weeks before Lent</p> <p>Feb 18* - Saturday of Souls, Commemoration of the Departed – Saturday before “Meatfare”</p> <p>Feb 19 – Sunday of the Last Judgment (“Meatfare”) – 1 week before Lent begins</p> <p>Feb 26 – Forgiveness Sunday (“Cheesefare” Begin Lent) – 7 weeks before Easter, variable between Feb 15 and Mar 20</p> <p>Feb 27 – Repose of St. Raphael of Brooklyn (commemorated in November)</p>	<p><b>Feb 6-11 – The Week following the Sunday of the Publican and the Pharisee</b> No fasting is permitted</p> <p><b>Feb 20 – 26 – “Meatfare Week”</b> Fasting from meat begins. Animal products permitted Wednesday and Friday of this week.</p> <p><b>Feb 27 – April 15 – Great Lent and Holy Week</b> Fast from meat, animal products, fish, wine and oil; and limit the number of meals and amount eaten. Monday, Tuesday and Thursday in the 1<sup>st</sup> week are strict fast days, which traditionally means a total abstinence from all foods. (Some attempt should be made to keep these days somehow more strictly.) Wednesday and Fridays a total fast should be kept from noon on, with an evening meal after the Presanctified Liturgy. (If no Presanctified Liturgy is celebrated on Friday, then the fast from noon on would not apply.) Saturdays and Sundays during Lent oil and wine are permitted and the number of meals is not as strictly limited.</p>
<p><b>Special Lenten Services</b> Mar 5, TBA – Orthodoxy Sunday Vespers</p> <p><b>The Annunciation</b> Mar 24, 7:15pm – Great Vespers (Friday) Mar 25, 9:15am – Matins / Divine Liturgy (Saturday)</p>	MAR	<p>Mar 5 – Orthodox Sunday (Pan-Orthodox Vespers) – 1<sup>st</sup> Sunday in Lent</p> <p>Mar 12 – Sunday of St. Gregory Palamas – 2<sup>nd</sup> Sunday in Lent</p> <p>Mar 19 – Sunday of the Holy Cross – 3<sup>rd</sup> Sunday in Lent</p> <p>Mar 25 – Fifth Saturday in Lent, Akathist Hymn to the Mother of God</p> <p><b>Mar 25* - THE ANNUNCIATION OF THE MOTHER OF GOD</b> (lv 26)</p> <p>Mar 26 – Leave-taking Annunciation (Sunday of St. John Climacus) – 4<sup>th</sup> Sunday in Lent</p>	<p><b>Mar 25 Annunciation</b> Fish, wine and oil are permitted.</p>
<p><b>Lazarus Saturday</b> April 7, 7:15pm – Compline April 8, 9:15am – Divine Liturgy of St. John</p> <p><b>Palm Sunday</b> April 8, 7:15pm – Great Vespers April 9, 9am – Matins / 10am – Divine Liturgy of St. John</p> <p><b>Holy Week Services</b> See Special Sheet</p> <p><b>PASCHA / EASTER</b> April 16, 4:30am – Rush Procession, Matins, and Divine Liturgy 3:15pm – Agape Vespers</p>	APR	<p>Apr 2 – Sunday of St. Mary of Egypt – 5<sup>th</sup> Sunday in Lent</p> <p>Apr 8* - Lazarus Saturday-Saturday before Palm Sunday</p> <p><b>Apr 9* - PALM SUNDAY: Entry of Our Lord into Jerusalem – Sunday before Easter</b> Apr 10-15 * Holy Week – Week between Palm Sunday and Easter</p> <p><b>Apr 16* - PASCHA / EASTER: Resurrection of Our Lord – Variable between Apr 4 and May 8</b> April 17-22 – Bright Week – Week following Easter Apr 23 – St. Thomas – 1<sup>st</sup> Sunday after Pascha Apr 30 – Myrrhbearers – 2<sup>nd</sup> Sunday after Pascha Apr 30 – St. James, the son of Zebedee and brother of St. John the Evangelist</p>	<p><b>Apr 17-22 – Bright Week (&amp; Paschal Season)</b> During the Pascha season fasting is not required from Easter to Ascension. During the rest of the season from Ascension to Pentecost wine and oil are permitted on Wednesdays and Fridays.</p>
<p><b>Feast of St. John the Evangelist</b> May 8, (Monday) TBA</p> <p><b>The Ascension of Our Lord</b> May 24, 6:15pm – Vespers Divine Liturgy (Wednesday)</p>	MAY	<p>May 7 – Paralytic – 3<sup>rd</sup> Sunday after Pascha</p> <p>May 7 – St. Alexis of Wilkes-Barre</p> <p>May 8 – Feast of St. John the Evangelist – Miracle at His Gravesite</p> <p>May 10 – Mid-Pentecost – Wednesday half-way between Pascha and Pentecost</p> <p>May 14 – Samaritan Woman – 4<sup>th</sup> Sunday after Pascha</p> <p>May 21 – Blind Man – 5<sup>th</sup> Sunday after Pascha</p> <p><b>May 25* - THE ASCENSION OF OUR LORD – Thursday, 40 days after Pascha / Easter</b></p>	
<p><b>Special Pentecost Services</b> June 4, 6:15pm – Special Pentecost “Kneeling” Vespers</p> <p><b>Ss. Peter and Paul</b> Jun 28, 6:15pm – Vespers Divine Liturgy (Wed)</p>	JUN	<p>Jun 3 – Saturday of Souls, Commemoration of the Departed – Saturday before Pentecost</p> <p><b>Jun 4 – PENTECOST: The Descent of the Holy Spirit – 50 days after Pascha / Easter</b> Jun 5-10 – Pentecost Week – Week following Pentecost, no fasting</p> <p>Jun 11 – All Saints Sunday – 1<sup>st</sup> Sunday after Pentecost</p> <p>Jun 18 – Saints of North America Sunday – 2<sup>nd</sup> Sunday after Pentecost</p> <p>Jun 24 – The Nativity of St. John the Baptist (lv. 25)</p> <p>Jun 29* - St. Peter and St. Paul (lv. 30)</p>	<p><b>Jun 5-11 – Pentecost Week</b> No fasting.</p> <p><b>The “Apostles’ Fast”</b> This fasting season varies in length because it extends from the Monday after All Saints following Pentecost up to the Feast of Saints Peter and Paul on June 29, from which it derives its name.</p>
<p><b>The Transfiguration</b> Aug 5, 7:15pm – Great Vespers (Saturday) Aug 6, 9:00am – Matins / 10:00am Divine Liturgy (Sunday)</p> <p><b>The Falling Asleep of the Mother of God</b> Aug 14, 6:15pm – Vespers Divine Liturgy (Monday)</p> <p><b>Beheading of St. John the Baptist</b> Aug 28, 7:15pm – Great Vespers (Monday) Aug 29, 6:15pm – Divine Liturgy (Tuesday)</p>	JUL/AUG	<p>Jul 26 – St. Yakov Netsvetov, Enlightener &amp; Baptizer of the Native Peoples of Alaska</p> <p><b>Aug 6* - THE TRANSFIGURATION OF OUR LORD</b> (lv. 13) Aug 9 – St. Herman of Alaska, Anniversary of Canonization (Pilgrimage to Spruce Island, Aug 7-9)</p> <p><b>Aug 15* - THE FALLING-ASLEEP OF THE MOTHER OF GOD</b> (lv. 23) Aug 29* – The Beheading of St. John the Baptist (lv. 30)</p>	<p><b>Aug 1-14 – The “Dormition” Fast</b> This fast is kept the same as Great Lent, except that fish, wine, and oil may be eaten on Aug 6, the Feast of the Transfiguration. Liturgy on the 15<sup>th</sup> ends the fast.</p> <p><b>Aug 29 – The Beheading of John the Baptist</b> This day is traditionally kept as a strict fast day in honor and memory of John the Baptist. No food at all should be eaten until after the evening Liturgy, when a light fasting meal is permitted. Oil and wine are permitted. (Note: When this Feast falls on Saturday or Sunday it is still a fast day kept in the same way as any Saturday or Sunday in Lent. Also, in some places it has become the custom not to eat on plates on this day.)</p>

Key: ALL CAPS = Great Feast \* = Special Divine Liturgy *Italics* = Movable Feast Smaller Type = Secondary Feast Days (lv.) = Leavetaking of Feast

REGULAR SERVICES: Saturday, 7:15pm – Great Vespers ♦ Sunday, 9am – Matins / Orthos ♦ Sunday, 10am – Divine Liturgy