

29th Sunday after
Pentecost

Tone 5

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Colossians 3:4-11

Luke 17:12-19

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Homily by

Dn. Joseph Ray

Epistle Reader:

Steve Templeton

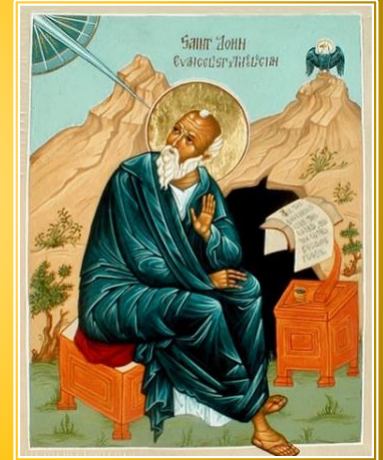
St. John Orthodox Cathedral

Weekly Bulletin

Sunday, January 16, 2022

And the Days Following

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## Parish Events and News

### Note: Change in Service Time For Sunday Matins

Matins will be at 9:30 am on Sunday / Divine Liturgy as usual at 10:00am

### Omicron Covid Cases Continue to Increase in our Parish

As is happening across our country, Omicron Covid cases continue to rise in our parish. Even Fr. Tom tested positive this week and said he did not mind people knowing this. We thank God that this strain of the virus is less dangerous for most people and that no one in our parish has become severely ill at this point. Still, it is important for all of us to be aware of how contagious this virus is and to take precautions as each person deems appropriate to their circumstances and concerns.

### CDC Guidelines

For those who test positive, CDC guidelines say they should isolate for 5 days and then may end their isolation as long as they are symptom free and wear a mask in public for another 5 days. For those who are exposed to an infectious person, CDC guidelines say that unvaccinated persons (and those 6 months beyond their second shot and not boosted) should quarantine for 5 days from their last exposure and then be tested after 5 days to ensure that they are negative for the virus. Then if they are symptom free, they may return to public as long as they wear a mask for another 5 days when in public. For those who are exposed to an infectious person and are within 6 months of their second shot or have been boosted, CDC guidelines say they do not have to quarantine as long as they are symptom free, but that they should wear a mask in public for 5 days and then be tested.

### Sunday Morning Adjustments

In response to this increase in Covid cases in our parish we will make the following adjustments for Sunday morning services on a week by week basis, beginning this coming Sunday. Only one priest and one deacon will serve. Matins will be abbreviated and begin at 9:30am.

The last two years of dealing with this pandemic have been difficult for us and for the whole world. They have not, however, been without God's grace. In every situation in life, we can learn new lessons and learn to trust God in new ways. This situation is no different. I pray we can continue to be patient with one another, tamping down the every urge to be angry, frustrated, or overly fearful, knowing that such things are detrimental to our soul. "Nothing," says the ancient Christian text of the Didache, "nothing happens without God." - Fr. Marc

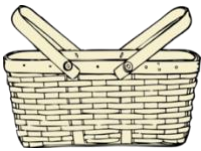
## Put Away Christmas Decorations & Pizza

This Sunday, Jan. 16th, during coffee hour, please help with the putting away of the Cathedral Christmas decor.

We will need some young people to get ladders to remove the garlands in the Nave & Narthex and some others to take ornaments off the Christmas tree. Then replace all the items in the attic or closet. We can enjoy pizza and drinks together after the job is done. You may contact Rhonda Clodfelter with any questions, (907) 727-5604. Thank you.

## Good Works Basket Project for January and February Refugee Assistance & Immigration Service

Refugee Assistance & Immigration Services (RAIS) provides a bridge for refugees from their former life experiences to the new skills required for success in the United States. RAIS is currently relocating about 100 Afghan refugees into the Anchorage area. We want to support their efforts through a donation drive:



\* Gift cards for Walmart, Target or Fred Meyers. *“Gift cards are a great thing for us to give to new arrivals who can then use them to buy what they desire whether it be groceries, clothes, etc!”*

**Please put gift cards in the tithe box and label RAIS**

Items Needed Not Listed Below: Towels and New Baking Sheets

Clothing Items: Winter coats (adult S, M), Winter gloves & hand warmers (all sizes), Winter Hats, Winter scarves, Ice cleats (sizes S, M, L), Children’s clothing (for all items)

Household Items: Brooms & mops, Cleaning sponges, Dish soap, Liquid laundry detergent, Multi-purpose cleaner, Tall trash bags, Toilet plunger & brush, Vacuums, Toilet paper, Paper towels

Toiletry Items: Shampoo & conditioner, Body wash/soap, Deodorant, Hand lotion, Lip balm, Travel tissue

Miscellaneous Items: Gift Cards, Bicycles, Dining tables, Dressers, Simple board games, Oxford Picture Dictionary, Bus passes

Specific Food Items: Beans, White rice, Black tea bags, Cooking oil, Honey, Pasta, Tomato sauce, Salt & pepper

\*To learn more about the Afghan relief efforts and how you can help read this

article: [www.cssalaska.org/our-programs/refugee-assistance-immigration-services/afghan-relief/](http://www.cssalaska.org/our-programs/refugee-assistance-immigration-services/afghan-relief/)

\*Amazon wish list for RAIS :

[https://smile.amazon.com/hz/charitylist/1s/31UWW3ISOW0C/ref=smi\\_ext\\_lnk\\_lcl\\_cl](https://smile.amazon.com/hz/charitylist/1s/31UWW3ISOW0C/ref=smi_ext_lnk_lcl_cl)

\* Online “Wish List” [Wish List](#)

## Home Blessings

There is a signup sheet for Epiphany Home Blessings in the Narthex. As Covid is spreading in our church community, we will evaluate the best way to do home blessings.



## On Vacation

Fr. Marc & Kh. Betsy will be out of town until Jan. 18. John Marc will also be out of the office and returns January 16.

## Notes and Pictures from Parishioners

### “Checking In” with Each Other

Is there something you'd like to share about what your family is up to? Please email [stjohnalaska@aol.com](mailto:stjohnalaska@aol.com)



Baby Shower for  
Allison Justice & Baby  
Edmund Stephen Mark

**Allison is registered at:**  
[https://www.babylist.com/baby-  
allison-justus](https://www.babylist.com/baby-allison-justus)  
password: babyjustusweloveyou

RSVP by: 01/20/2022:  
Lynn Streff: 907-830-3768 or  
907-696-3920  
*Allison is new to our parish and  
has taught the first semester at St.  
John's School.*



Dan Kendall has a rental available at 18741 B. Monastery Dr. It is handicap accessible and is a good size for a single person or a couple. No Pets! Call him for more information at 907-696-7066.

### Missing – Wedding Portrait

Wedding portrait of Vic and Laura Temple is missing from the church basement. It disappeared sometime before Christmas time.

## Dates to Remember

### Coffee Hour This Sunday Group 3 – January 16



**Hosts Families:** E & H Johnson / Saur

**See Host Instructions** [HERE](#)

**Group 3:** Amundson, Curry, Finkler, E & H Johnson, Kies, Lamb, K Medders, Peters, Saur, Streff, Snider, Sturdevant, Tsyver, Wasile

\* Each family in the assigned Group should **bring snacks to serve at least four families.** (A variety of healthy, delicious and not-too-messy snacks are appreciated and they don't need to be individually wrapped).

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Next Sunday – January 23, 2022

Group 4: Hosts: Lindblom / Mellor

Group 4: Abel, Betson, Dozier, Gillquist Families, Hightower, K & G Jones, Klatt, Lindblom, Mellor, Peyton, K. Sorensen, Templeton, Temple

Birthdays This Week



January 18 - Hayley Komar

January 21 - Valorie Sparks

January 18 - Sarah Curry

January 21 - Sloan Medders

January 21 - Kerry Jones

January 23 - Harold Davis

M A N Y Y E A R S !

Anniversaries this Week



Michael & Meghan Jones - January 21, 2012

M A N Y Y E A R S !



Thursday Reading Group

The Thursday reading group will be cancelled till further notice, until this covid bug leaves us alone!! —JoAnn Webster

Remembering Those Who Have Fallen Asleep This Month



- * Archpriest Harold Dunaway - January 3, 2012
- * Khouria Barbara Ann Dunaway - January 25, 2011
- * Infant Mark David McIlrath - January 25, 1986

M E M O R Y E T E R N A L !

Remembering in Prayer...



*Karina Lindblom
Eloise Lamb
Tom Johnson
Mary Ann Northey
Will Klatt
Margaret Grasse*

*Jennifer Medders
Preston Collier
Mother Galina
Teri Van Dyke
Jim Forest
Katie Jones*

Please pray also for our own parish during this time as we have entered a new surge of Covid infections. In the last three weeks, many families in our parish have been infected with Covid. We will continue as well to pray for our greater community and our state and our nation and the world.

Clare House Meal - 4th Saturday of Each Month

For the Month of **January**— our scheduled meal that we provide Clare House is: **Saturday, January 22.** Contact Cara Fletes to see how you can help.



THE SYNAXARION

Chains of Peter - January 16

On January 16, in the Holy Orthodox Church, we celebrate the veneration of the precious chains of the holy and glorious Apostle Peter.

Verses

*Release me from the long chains of my offenses,
as I worship your honorable chains, O Peter.
On the sixteenth, I pay honor to Peter's chains.*

As Peter sat in prison shackled by the lawless Herod, an angel appeared to him as told from the Book of Acts: “Suddenly the angel of the Lord stood by him and a light shone in the cell. He tapped Peter on the side and awakened him, saying: ‘Get up quickly,’ and the chains fell from his wrists.” These chains were preserved by Christians not just for the memory of this great Apostle, but as for their healing power as well, for many of the sick were healed by touching them. The Patriarch of Jerusalem gave these chains as a gift to the Empress Eudocia, the exiled wife of the Emperor Theodosius the Younger. She divided them into two and sent one half to the Church of the Holy Apostle in Constantinople and the other half to her daughter, the Empress Eudoxia in Rome, wife of Valentinian. Eudoxia built the Church of St. Peter and deposited these chains in it, together with the very chains with which Peter was shackled before his death under Emperor Nero.

On this day, we also commemorate Peusippos and Neonilla, and the martyrs of Cappadocia; and Hieromartyr Damaskinos of Hilandar monastery on Athos. By the intercessions of Your Saints, O God, have mercy upon us. Amen.

